



The World Games

BIRMINGHAM, ALABAMA USA

7-17 July 2022

MEDIA GUIDE



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Welcome to Birmingham!

Dear Colleagues,

Thank you for your Interest in The World Games in Birmingham, Alabama from 7-17 July 2022.

We warmly welcome you on behalf of the entire TWG2022 team!

In this Media Guide we have compiled useful and interesting information to make work and reporting easier for you. Here you learn where the Main Media Center is and how to find your way around the venues; you are given useful hints for writing your reports and for photo shooting to ensure a smooth communication process and you can also find out to whom you can turn in any case of doubt.

In addition, we have prepared an information package for you, hoping that your stay in Birmingham will be as enjoyable as possible.

Should you still have any questions, you are welcome to contact us at any time. We will make every effort to support you in your work. Don't hesitate to get in touch!

We wish you well for successful coverage of The World Games 2022 in Birmingham!

Birmingham Organising Committee

Frank Kay
Michaela Bromelow
Pam Cook
Jeff Emerson
Josh Bean

IWGA

Anna Jacobson
Hermann Kewitz

THE WORLD GAMES

The World Games is an extraordinary, international sports event held every four years, in the year following each Summer Olympic Games. Staged over 11 days, The Games represents the pinnacle of competition for 3,600 of the world's best athletes in 34 sports consisting of 58 disciplines and 223 medal events. The World Games generates worldwide exposure for participating sports and provides a highly visible stage on which athletes from more than 100 countries compete for gold.

Originally scheduled for 2021 but postponed due to the pandemic, The World Games will be held in Birmingham, Alabama from 7-17 July 2022, Marking The World Games' 40th anniversary, this will be the first edition of the event to be hosted in the United States since the inaugural games in Santa Clara, California, in 1981.

IWGA

Founded in 1980, the International World Games Association (IWGA) is a non-governmental and non-profit international organization constituted under Swiss law. Made up of International Sports Federations Members, it administers a quadrennial and multi-disciplinary sports event, The World Games, which aspires to equal and exceed the importance of World Championships organized by each Member Federation individually.

The principal aim of the IWGA is to develop the popularity of the sports governed by its Member Federations, to improve their prominence through excellent sporting achievements, and to conserve all the traditional values of sport through The World Games. Since its establishment on May 21, 1980, IWGA membership has increased from 12 to 39 Member Federations.

The International World Games Association is recognized by the International Olympic Committee (IOC). The two organizations signed an updated Memorandum of Understanding in 2016, which underlines the closer cooperation between the IOC and the IWGA.



A SURVEY OF SERVICES FOR MEDIA

The press team of the Birmingham Organising Committee will give the best possible support to all accredited journalists throughout their work:

- News service with press releases in English (online)
- Results service in real time (online)
- Website of the event with time tables, start lists and an archive of press releases under www.twg2022.com
- Online photography available for media use
- Handling of interview requests
- Press conferences
- Help with research
- Workplaces for media representatives with internet access through WLAN
- Lunch served daily from 11:00 am – 2:00 pm at the Main Media Center
- Coffee, soft drinks and snacks
- Free shuttle service between all venues and the main media center

MEDIA CONTACTS

Birmingham Organising Committee

cell phone

email

Frank Kay – Vice President, Media Operations	(704) 534-1617	frank.kay@twg2022.com
Michaela Bromelow – Vice President, Marketing	(404) 593-6747	michaela.bromelow@twg2022.com
Pam Cook – Chief Marketing Officer	(205) 612-3386	pam.cook@twg2022.com
Jeff Emerson – Communications Officer	(205) 540-2247	jeff.emerson@twg2022.com
Josh Bean – Communications Officer	(251) 327-0901	josh.bean@twg2022.com

IWGA

Anna Jacobson – Communications Officer	+358 45 3474770	a.jacobson@iwga.sport
Hermann Kewitz – Media Consultant	+49 171 5314847	h.kewitz@iwga.sport

SOCIAL MEDIA

The press team of the Birmingham Organising Committee have established a twitter account specifically to communicate with all accredited media:

@TWGMedia (Twitter - <https://twitter.com/twgmedia>)

This will be strictly to distribute official updates to the media such as schedule changes, explanations of rulings, and other pertinent news and information.

You can follow The World Games 2002 Birmingham on social media using the handle TWG2022

Facebook - <https://www.facebook.com/TWG2022/>

Instagram - <https://www.instagram.com/twg2022>

Twitter - <https://twitter.com/twg2022>

Official Websites

BOC www.TWG2022.com

IWGA www.theworldgames.org

ACCREDITATION

All media representatives must be accredited properly to The World Games 2022. Access to the Main Media Center, to the designated media areas at the sport venues and use of the special infrastructure for media is only possible with your accreditation credential.

Media credentials may be picked up from the accreditation station located in the Main Media Center.

Hours of Operation:

5-6 July, 10:00 - 18:00 hours (10am-6pm)

7 July, 10:00 - 19:00 hours, 22:00 - 24:00 hours (10am-7pm, 10pm - Midnight)

8-16 July, 8:00 - 22:00 hours (8am-10pm)

17 July, 8:00 - 19:00 hours (8am-7pm)

For authorisation you are requested to identify yourself by submitting your accreditation confirmation plus your national identity card.

The deadline for accreditation to The World Games 2022 was 25 May. Now accreditation is only possible in exceptional cases.

ACCESS ZONES FOR MEDIA

Media members with an accreditation pass have access to the Main Media Center in the Birmingham Jefferson Convention Center.

In addition, at the sport venues the media will have access to the media workrooms, media seating, photographer areas and mixed zones.

For a survey of the venues, please refer to the maps in the back of this media guide.

MAIN MEDIA CENTER

The Main Media Center is the central point of reference for all accredited media. It is located in the South Hall of the Birmingham Jefferson Convention Center. Here, 112 workplaces are ready for media representatives.

Members of TWG2022 press team will be available for all your questions.

Main Media Center

Direct contact e-mail: media@twg2022.com

Media can also file interview requests at the front desk for athletes and officials. Coordination of schedules will be done from this end.

In the media center, journalists have internet access via WLAN. Several spots will also be available where you can plug in LAN cables. No computers are made available to the media representatives, because the use of private laptops is standard.

A livestream of The World Games broadcast will be shown on televisions. It will also be available online at olympicchannel.com

Hours of Operation:

5-6 July, 10:00 - 18:00 hours (10am-6pm)

7 July, 10:00 - 19:00 hours (10am-7pm)

8-16 July, 8:00 - 22:00 hours (8am-10pm)

17 July, 8:00 - 19:00 hours (8am-7pm)

For a survey of the media center, please refer to the schematic plan in this guide.

MAIN MEDIA CENTER PARKING

There is limited parking for media outlets. For parking information and an application, please contact Frank Kay via email at frank.kay@twg2022.com.

MEDIA SUBCENTERS

At each venue during competition days, there will be a media workroom, press seating for field of play, a designated still photography area, and a mixed zone for post-competition interviews.

A small functioning workroom with internet access via WLAN will be near the competition area. No computers are made available to the media representatives, because the use of private laptops is standard. There will be work tables, power outlets, soda and water, and a television.

A livestream of The World Games broadcast will be shown. It will also be available online at olympicchannel.com

Hours of Operation:

Each Competition Day

60 minutes prior to the start of competition until 90 minutes after conclusion of play

Members of TWG2022 press volunteer team will be available to assist you.

SUBCENTER PARKING

At each venue, there is limited parking for media outlets. For parking to individual venues, please contact Frank Kay via email at frank.kay@twg2022.com for an application.

MIXED ZONES

The mixed zone at each venue is where media can speak to the athletes for a flash interview. However, no athlete is obliged to comply with this request.

For a longer interview, media should try to arrange with the athlete to meet at a later time.

After a medal ceremony, the medal winners normally come to the media to answer questions.

In addition to all accredited print journalists and photographers, access to the mixed zone is granted to camera crews other than the right holders who want to conduct interviews with athletes and officials.

The priority order for interviews is ISB, then TV rightsholders, then general media.

INTERVIEWS

In general, the Mixed Zone is the best place for interviews, because most of the athletes will pass here on their way leaving the field of play. Apart from flash interviews, it is also possible to arrange for longer interviews later on.

TWG2022 press team may be requested through the media center and subcenters to make arrangements for an interview. Then the athlete will be informed about the request through the respective Team Leader. Please be flexible with your time options for such an interview.

PHOTOGRAPHY SERVICE

The organising team of TWG2022 will make select photography from the games and events available for media use. Credit for all photos must be given to The World Games 2022.

The photos will be available at <https://theworldgames.photoshelter.com/galleries>

PRESS SERVICE

The organising team of TWG2022 will prepare various press releases and information that will be published on the internet under www.twg2022.com/media.

RESULT SERVICE

All results will be available online as soon as they are confirmed and official shortly after the finish. Programs, result lists and calculations of result will be available as paper copies in the main media center upon request.

The results will be posted at www.twg2022.com/results.

NEWS VIDEO ACCESS

ISB, the Host Broadcaster of The Games will be able to provide News Packages available at the IBC or via file transfer, to the Non-Rights Holder Broadcasters and to News Agencies who subscribe to this service.

The use of News Packages by Non-Rights Holders Broadcasters shall be subject to the following **News Access Rules**:

Use in News Programmes only: World Games Material may be used only as a part of bona fide news or sports news programmes of which the actual news or sports news element constitutes the main feature ("News Programmes"). News Programmes shall not be positioned or promoted as World Games programmes.

Three (3) Minutes Per Day: Non-Rights Holders may use a maximum of three (3) minutes of World Games Material per day which may be included in any number of News and/or sports News Programmes.

Courtesy Credit/Rights Holder "Bug": Each use of World Games Material in accordance with these Rules must give an on-screen credit to the local Rights Holder either by leaving on the Rights Holders watermark for the duration of the Short Extract or, should the World Games Material not be sourced through the local Rights Holder, by adding a super video credit for the Rights Holder for the duration of the clip to read as follows: "Courtesy (Name of Rights Holder)", provided always that such display of the credit/bug is in accordance with applicable local law, and accords with established custom and practice in the relevant broadcasting market. Transnational All-News and All-Sports News channels will give an on-screen credit to IWGA.

World Games Material may only be used for a period of forty-eight (48) hours following the completion of the event being reported on. After such period, non-Rights Holders may only transmit such World Games Material as well as other archive World Games Material. with the express prior written consent of IWGA and the Rights Holder for the Territory concerned.

Arrangements, costs of access and technical charges. Non-Rights Holders shall be responsible for making their own arrangements, at their own cost, for gaining access to World Games Material and pay such fees and technical charges as are agreed with ISB, having regard to the prevailing rates for access and services.

All News Agencies or non-Right Holder Broadcasters interested in receiving News Package should submit their request via email to bookings@isbtv.es. With your submission of interest and commitment to follow the News Access Rules, ISB will provide information on how the files can be made available for download, as well as fees and technical charges applicable.

PRESS CONFERENCES

The following press conferences have been scheduled for The World Games 2022.

In addition, Daily Press Briefings will take place each morning in the Main Media Center.

9:30am on 8, 9, 10, 11, 12, 15 July

10am on 13, 14, 16, 17 July

“Opening Press Conference”

7 July

9:30am

Main Media Center (BJCC South Hall 2nd floor)

“Let the Games Begin” Event (Celebration)

7 July

1pm

TWG Plaza entrance (21st-closest to Sheraton Hotel)

“Thomas Bach Press Conference”

13 July

9:30a

Main Media Center (BJCC- South Hall 2nd floor)

“Mid-Week Press Conference”

14 July

9:30am

Main Media Center (BJCC- South Hall 2nd floor)

“Presenting Chengdu 2025”

16 July

9:30am

Main Media Center (BJCC South Hall 2nd floor)

“Closing Press Conference”

17 July

9:30a

Main Media Center (BJCC South Hall 2nd floor)

“Thanks Y’all” Event (Celebration)

17 July

10a

Plaza Media Garden

MEDIA GUIDELINES

TWG2022 press team will make every effort to support you in your work. In return, please respect certain rules which are valid for everybody:

1. The accreditation card is property to the Organising Committee of TWG2022 and may not be transferred. Please report its theft or loss to TWG2022 press team. A lost credential will be replaced after a \$100 fee has been paid.
2. Access to zones not covered by the press accreditation is forbidden.
3. Please follow the instruction of TWG2022 stewards and the press team.
4. Only the international and domestic broadcasters are entitled to produce moving images of any competition. (An exception is only made for camera crews of TV stations that purchased TV rights.) In any case of non-compliance the accreditation will be withdrawn immediately. The right holder will be informed and may take legal action against the use of these images.
5. No reservation of seats in the venues is possible, apart from the seats allocated by the Organising Committee of TWG2022. Upon leaving your seat, collect your belongings and leave the place empty. Since the number of accredited media exceeds the seats available, it is not allowed to occupy seats permanently.
6. It is not allowed to bring strangers to the venue area or to lend the accreditation card to other persons.
7. Please respect the decision of athletes who choose not to speak with you. They are allowed to determine freely their availability.

In any case of non-compliance we reserve the right to withdraw the accreditation card and exclude the offender from the venues.

VIDEO AND PHOTOGRAPHY GUIDELINES

Filming and distribution of competitions and award ceremonies by non-rightsholders is strictly forbidden.

Only the international and domestic broadcast rightsholders are entitled to produce moving images of any competition or the field of play. (An exception is only made for camera crews of media outlets that have purchased TV rights from the rightsholder.) In any case of non-compliance the accreditation will be withdrawn immediately. The rightsholder will be informed and may take legal action against the use of these images.

Mixed Zone

Access to the Mixed Zone is granted to all accredited photographers. Here you have the possibility to take photos of the finish and the disembarkation of the athletes.

Area of the Award Ceremonies

Access to this area is only possible during the Medal Ceremony. The stay in this area is limited to the duration of the Victory Ceremony. Afterwards photographers must leave the area. Within the area of the award ceremonies, a special zone is designated for photographers. Please stay in this zone.

PROHIBITED ITEMS GUIDELINE

Media will be allowed to bring in items such as computers and photography equipment, bags and backpacks, and other items generally not allowed by the general public.

All media must enter each venue through credential entrances and will be subject to search.

Prohibited Items for Media include:

- Glass bottles or cans
- Noise-making devices
- Weapons of any kind (regardless of permit)
- Tobacco products, cigarettes and e-cigarettes
- Illegal drugs
- Alcoholic beverages
- Fireworks and smoke-producing devices
- Pets (unless a service animal)
- Any other item deemed dangerous or inappropriate by staff

INTERNET ACCESS

The Main Media Center and media subcenters at all venues offer wireless connections for media use. Because of the huge media interest, we would like to ask you to limit use of the internet strictly to the requirements of reporting, to enable all colleagues on site to a trouble-free internet access. We call on you not to use our connection for illegal activities and herewith inform you that, in any case of abuse, you will be held liable for damages caused.

CATERING

In the Main Media Center, all accredited journalists are offered free coffee, soft drinks and snacks by the Organising Committee of TWG2022. In addition, each day lunch will be served from 11:00 am -2:00 pm.

In the media subcenters at all venues, soft drinks and snacks will be made available during competition times.

There will also be food options for purchase in the spectator areas.

MEDIA SHUTTLE

Daily transportation for media will occur starting July 7 and ending July 17 2022

- Named *The World Games Express*
- Daily Transport to/from official media hotels and BJCC
- Transport to/from BJCC and TWG venues during times of competition.
- Average operational hours of 7:00am – 11pm
- Media credential with transportation required to access

For help or questions, contact Transportation at jgood@callawaytransportation.com and include your direct contact information.



The World Games 2022

BHM

THE GAMES EXPRESS

BIRMINGHAM SHUTTLESWORTH AIRPORT

Service to/from Sheraton Downtown

Arrivals

Shuttles will depart Birmingham-Shuttlesworth International Airport
Every 30 Minutes.

Shuttles board at lower level door 4L - Across from Room T1012

Arrivals inbound into BHM

5 - 13 July 2022

Hours of Operation

8:30 AM - 12:00 AM

12am or 30minutes after the last flight lands

Departs BHM

00/30

Departures

Shuttles will depart the Sheraton Every 30 Minutes.

Shuttles board at the BJCC bus loop across from the Sheraton

Departures outbound to BHM

10 - 18 July 2022

Hours of Operation

4:00 AM - 6:00 PM

Departs Sheraton

00/30





The World Games 2022



THE GAMES EXPRESS

BJCC to Avondale, Sloss Furnaces

Bus Schedule

Shuttle departs BJCC every 30 minutes

Last bus departs BJCC 2 hours prior to shuttle end time

	Houly Departures BJCC 00/30	Houly Departures Avondale Park 15/45	Houly Departures Sloss Furnaces 30/00
	Stop 1 BJCC at 19th Street N	Stop 2 5th Ave S	Stop 3 Legion Gate 16
Date	Operation Hours	Operation Hours	Operation Hours
Friday July 8	830 AM - 630 PM	830 AM - 630 PM	no events
Saturday July 9	8 AM - 10 PM	8 AM - 345 PM	145 PM - 10 PM
Sunday July 10	8 AM - 1030 PM	8 AM - 5 PM	1 PM - 1030 PM
Monday July 11	8 AM - 845 PM	8 AM - 730 PM	1 PM - 845 PM
Tuesday July 12	8 AM - 730 PM	8 AM - 445 PM	930 AM - 730 PM
Wednesday July 13	8 AM - 745 PM	8 AM - 5 PM	830 AM - 745 PM
Thursday July 14	8 AM - 10 PM	8 AM - 730 PM	830 AM - 845 PM
Friday July 15	830 AM - 1015 PM	12 PM - 445 PM	830 AM - 1015 PM
Saturday July 16	9 AM - 9 PM	no events	9 AM - 9 PM
Sunday July 17	no events	no events	no events





The World Games 2022



THE GAMES EXPRESS

BJCC - UAB / POWELL STEAM PLANT & RAILROAD PARK

Bus Schedule

Shuttle departs BJCC every 30 minutes

	Houly Departures BJCC 00/30	Houly Departures UAB - PNC 15/45	Houly Departures UAB 10th Ave S 30/00	Houly Departures Powell/RR 45/15
	Stop 1 BJCC at 19th Street N	Stop 2 UAB - PNC Track	Stop 3 UAB - 10th Ave S	Stop 4 Railroad / Powell
Date	Operation Hours	Operation Hours	Operation Hours	Operation Hours
Thursday July 7	7 AM - 11 PM	no events	7 AM - 11 PM	no events
Friday July 8	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	7:00 AM - 10:30 PM
Saturday July 9	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	8:00 AM - 7:00 PM
Sunday July 10	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	8:00 AM - 3:00 PM
Monday July 11	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	7:00 AM - 7:30 PM
Tuesday July 12	7 AM - 11 PM	800 AM - 1030 PM	7 AM - 11 PM	no events
Wednesday July 13	7 AM - 11 PM	730 AM - 7 PM	7 AM - 11 PM	no events
Thursday July 14	7 AM - 11 PM	930 AM - 630 PM	7 AM - 11 PM	no events
Friday July 15	7 AM - 11 PM	930 AM - 630 PM	7 AM - 11 PM	no events
Saturday July 16	7 AM - 11 PM	1 PM - 1030 PM	7 AM - 11 PM	7:00 AM - 8:00 PM
Sunday July 17	7 AM - 11 PM	no events	7 AM - 11 PM	8:00 AM - 3:45 PM





The World Games 2022



THE GAMES EXPRESS

BJCC - UAB / POWELL STEAM PLANT & RAILROAD PARK

Bus Schedule

Shuttle departs BJCC every 30 minutes

	Houly Departures BJCC 00/30	Houly Departures UAB - PNC 15/45	Houly Departures UAB 10th Ave S 30/00	Houly Departures Powell/RR 45/15
	Stop 1 BJCC at 19th Street N	Stop 2 UAB - PNC Track	Stop 3 UAB - 10th Ave S	Stop 4 Railroad / Powell
Date	Operation Hours	Operation Hours	Operation Hours	Operation Hours
Thursday July 7	7 AM - 11 PM	no events	7 AM - 11 PM	no events
Friday July 8	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	7:00 AM - 10:30 PM
Saturday July 9	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	8:00 AM - 7:00 PM
Sunday July 10	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	8:00 AM - 3:00 PM
Monday July 11	7 AM - 11 PM	930 AM - 530 PM	7 AM - 11 PM	7:00 AM - 7:30 PM
Tuesday July 12	7 AM - 11 PM	800 AM - 1030 PM	7 AM - 11 PM	no events
Wednesday July 13	7 AM - 11 PM	730 AM - 7 PM	7 AM - 11 PM	no events
Thursday July 14	7 AM - 11 PM	930 AM - 630 PM	7 AM - 11 PM	no events
Friday July 15	7 AM - 11 PM	930 AM - 630 PM	7 AM - 11 PM	no events
Saturday July 16	7 AM - 11 PM	1 PM - 1030 PM	7 AM - 11 PM	7:00 AM - 8:00 PM
Sunday July 17	7 AM - 11 PM	no events	7 AM - 11 PM	8:00 AM - 3:45 PM



OPENING CEREMONY

The Opening Ceremony presented by Alabama Power will take place on 7th July 2022 at Protective Stadium at 8:00 PM.

Birmingham-based LRY Media Group, a minority women-owned business will produce and manage The Opening Ceremony, The Closing Ceremony and The World Games Plaza for The World Games 2022.

The Theme Song of The World Games 2022 is Hope of Alabama and features Alabama artists: Randy Owen, Young Bleu, James Johnson, Pastor Mike Jr, Worth the Wait, Chuck Leavell, Ruben Studdard, Taylor Hicks, Bo Bice, Martha Reeves, Blind Boys of Alabama, Sara Evans, The World Games Youth and Adult Choirs and was produced by Dr. Henry Panion.

CLOSING CEREMONY

The World Games will be officially closed during the Closing Ceremony presented by Coca-Cola United, which will be held at Protective Stadium on 13 July and will start at 8:00 PM. Besides the official elements of the Ceremony (presentation of athletes and volunteers and the passing of TWG Flag to the organizers of the next edition of The Games) participants will have the opportunity to enjoy an artistic program and will be able to celebrate the end of The Games together. The coordination of the artistic elements, organization and production of the Closing Ceremony will be entrusted to professional event agency LRY Media Group.

The headliner for the Closing Ceremony will be internationally renowned musical artist Lionel Richie. Mr. Richie has won four Grammys and sold over 100 million records worldwide.



Artistic Sports



DanceSport



Gymnastics



Roller Sports



HISTORY OF DANCESPORT

DanceSport is an event that was once referred to as competitive ballroom dancing. Its characteristics consist of physical strength, agility, coordination, stamina, a high level of fitness, discipline, teamwork, grace, style and musical interpretation. There are four disciplines of DanceSport offered in The World Games: Latin, Rock'n'Roll, Standard and Breaking. Each of these dances is performed to the prescribed music and tempo by dancers demonstrating not only proper technique, but also poise, power, floor craft and other criteria that reflect the quality of their dancing.

LATIN

In Latin, there are five dances: Samba, Cha-Cha-Cha, Rumba, Paso Doble and Jive. With their heritage in Latin American (Samba, Cha-Cha-Cha, Rumba), Hispanic (Paso Doble) and American (Jive) cultures, they each have their distinguishing traits but are similar in expressiveness, intensity and energy.

STANDARD

In Standard, there are five dances: Waltz, Tango, Viennese Waltz, Slow Foxtrot and Quickstep. They are generally danced in a closed position of the partners.

ROCK'N'ROLL

Rock'n'Roll is a very athletic, competitive form of dance that originated from the Lindy Hop. This is a very fast and physically demanding dance. The main feature of Rock'n'Roll dance are its kicks and acrobatic elements such as lifts, jumps, throws and flips.

BREAKING

Breaking, also called breakdancing, is an athletic style of street dance. Breaking mainly consists of four kinds of movement: toprock, downrock, power moves and freezes. Breaking is typically set to songs containing drum breaks, especially in hip-hop, funk, soul music and breakbeat music.

COUNTRY OF ORIGIN

England

POPULAR COUNTRIES

England, Germany, France, Italy, Russia

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Latin – Moldova
 Rock'n'Roll – Poland
 Standard – Germany

EDITIONS PARTICIPATED IN THE WORLD GAMES

6

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Rock 'n' Roll / Latin	8 July	6:00 PM	9:47 PM	Qualifying	Pairs	BJCC - Legacy Arena
Breaking	9 July	4:50 PM	9:00 PM	Qualifying	Men / Women	Sloss Furnaces
Rock 'n' Roll / Standard	9 July	5:10 PM	9:47 PM	Finals	Pairs	BJCC - Legacy Arena
Breaking	10 July	7:45 PM	9:25 PM	Qtr./Finals	Men / Women	Sloss Furnaces



HISTORY OF GYMNASTICS

Gymnastics is a sport that requires balance, strength, flexibility, agility, coordination and endurance. There are six disciplines of Gymnastics offered in The World Games: Acrobatic, Aerobic, Parkour, Rhythmic, Trampoline and Tumbling.

ACROBATIC

Acrobatic has 5 categories: Men's Pairs, Women's Pairs, Mixed Pairs, Women's Group (3 gymnasts) and Men's Group (4 gymnasts). The pairs/groups present a routine with music which includes a certain number of required collective (partnership) and individual elements of three different types: static (balance), dynamic, and combined. The static routine must include balanced pyramidal constructions held for three seconds and other elements of strength, flexibility and agility. The dynamic exercise is meant to show flight elements such as throws, pitches and catches as well as dynamic tumbling elements. There are three evaluation criteria: difficulty, execution and artistry. The difficulty score of a routine is the final amount of values existing for each element in the FIG Code of Points. The execution judges evaluate the correct form and technical execution of these elements. The artistry judges consider the overall impression of the choreographed routine following criteria such as musical interpretation, structure of the exercise and execution of the choreography, as well as the presentation of the athletes. In the finals, each pair/group perform one single exercise which includes both balance and dynamic elements.

AEROBIC

Aerobic is the ability to perform continuous complex and high intensity movement patterns to music. This sport originated from traditional aerobic exercises, as the routine must demonstrate continuous movement, flexibility, strength and the utilization of the seven basic steps. The winning routine must show clean and balanced movements with perfect technique. The routine should include at least one element from the four element families which present dynamic strength, static strength, jumps/leaps, and flexibility/balance. Overall, the routine features a maximum of 12 elements. The competitor must also demonstrate combinations of aerobic movement patterns with arms and feet, including the seven basic aerobic steps: March, Jog, Skip, Knee Lift, Kick, Jack and Lunge. Gymnastic elements like saltos or handstands are prohibited.

RHYTHMIC

Rhythmic Gymnastics is practiced exclusively by women. This discipline includes five apparatus: Rope, Hoop, Ball, Clubs, and Ribbon. However, only four of these are used in a competition cycle. In competition, individual gymnasts present four exercises corresponding to the four authorized apparatus. The apparatus must remain in motion for the duration of the exercise. Movements must vary in form, magnitude, direction, level and speed. The apparatus must be handled in a variety of ways and may not be used as a decorative accessory. There must be an ongoing relationship between the gymnast and the apparatus. The composition of an exercise is based on certain basic body group movements (leaps, pivots, balance and flexibility) as well as technical groups.

PARKOUR

Parkour is a training discipline using movement. Athletes aim to get from one point to another in a complex environment without assistive equipment and in the fastest and most efficient way possible. Moves include running, climbing, swinging, vaulting, jumping, rolling, crawling and other movements deemed suitable for the situation. The World Games 2022 will feature the Speed event, where athletes must overcome obstacles as quickly as possible to reach the finish line in the quickest time.

TRAMPOLINE

Trampoline involves athletes performing acrobatics while bouncing on a trampoline. The Double Mini trampoline is smaller than a regular competition trampoline. The gymnasts run, jump onto the sloping end, jump onto a flat plateau, then dismount on to a mat. Skills are performed during the jumps or during the dismount. The form and difficulty are judged in a similar manner as trampolining, but there are additional deductions for failing to land cleanly or landing outside a designated area on the mat.



TUMBLING

Tumbling is characterized by the complex, swift, and rhythmical succession of acrobatic jumps from hands to feet, feet to hands or feet directly back onto feet in a matter of 6 seconds and on a 25-meter track. Tumbling is a colorful sport that offers spectacular elements such as speed, rhythm and twists. A routine includes 8 skills, with the final skill requiring athletes to land on a landing mat (placed at the end of tumbling track). Each routine is valued in “execution” and “difficulty”.

COUNTRY OF ORIGIN

Greece (acrobatic, aerobic, rhythmic, trampoline, & tumbling)
France (parkour)

POPULAR COUNTRIES

China, European countries, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Acrobatic – Great Britain (men), Russia (women), Germany (men’s pair), Russia (women’s pair), Russia (mixed pair)
Aerobic – Korea (dance mixed), China (group mixed), Spain (pair mixed), Russia (step mixed), Japan (trio mixed)
Rhythmic – Russia (ball, clubs, hoop, ribbon – women)
Trampoline – Russia (double-mini men), United States (double-mini women), China (synchronized men), Ukraine (synchronized women)
Tumbling – China (individual men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10



PARKOUR

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
10 July	3:00 PM	7:30 PM	Qualifying / Final	Men (Speed) / Women	Sloss Furnaces
11 July	3:00 PM	7:30 PM	Qualifying / Final	Men / Women (Speed)	Sloss Furnaces

AEROBIC & RHYTHMIC

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
12 July	10:30 AM	11:21 AM	Qualifying	Dance / Pair	BJCC - Legacy Arena
12 July	2:00 PM	5:04 PM	Qualifying	Hoop / Ball	BJCC - Legacy Arena
12 July	6:00 PM	7:47 PM	Final	Dance / Pair / Hoop / Ball	BJCC - Legacy Arena
13 July	10:30 AM	11:21 AM	Qualifying	Group / Trio	BJCC - Legacy Arena
13 July	2:00 PM	5:04 PM	Qualifying	Clubs/ Ribbon	BJCC - Legacy Arena
13 July	6:00 PM	7:47 PM	Final	Group / Trio / Clubs / Ribbon	BJCC - Legacy Arena

ACROBATIC & TRAMPOLINE

DATE	START TIME	END TIME	EVENT	ROUND	DISCIPLINES	VENUE
15 July	3:00 PM	8:30 PM	Acrobatic (Mixed & Women) / Trampoline (Men)	Qualifying / Final	Dynamic & Balance / Double Mini	BJCC - Legacy Arena
16 July	3:45 PM	6:14 PM	Acrobatic (Men & Women) / Tumbling (Men)	Qualifying	Dynamic & Balance / Tumbling	BJCC - Legacy Arena
16 July	8:10 PM	9:03 PM	Acrobatic (Men & Women) / Tumbling (Women)	Final	Dynamic & Balance / Tumbling	BJCC - Legacy Arena
17 July	9:00 AM	1:28 PM	Acrobatic (Men) / Trampoline (Women) / Tumbling (Men)	Qualifying / Final	Dynamic & Balance / Double Mini / Tumbling	BJCC - Legacy Arena



HISTORY OF ROLLER SPORTS

Roller sports use human-powered vehicles which require rolling, either by gravity or through various pushing techniques. There are three disciplines of Roller Sports offered in The World Games: Artistic Skating, Inline Hockey and Speed Skating.

ARTISTIC SKATING

Artistic Skating is a sport similar to figure skating, except done on roller skates. Combining artistry with refined strength and training, Artistic Skating is a dynamic and engaging sport. There are two disciplines of Artistic offered to the World Games scene. Free Skating incorporates jumps, spins and footwork into a program set to music. Couples Dance brings together two skaters performing innovative lifts and dance elements all set to music.

INLINE HOCKEY

Inline Hockey is a team sport played on in-line skates, in which players use a hockey stick to shoot a plastic puck into their opponent's goal to score points. It is considered a contact sport, but body checking is prohibited. There are five players (including the goalie) from each team on the rink at a time. Players skate across the floor trying to gain control of the puck and score a goal against the opposing team.

SPEED SKATING

Speed Skating involves racing on in-line skates. There are two categories of Speed Skating: Track and Road. In Track, the race is held on a patinodrome (an arena for this sport) with banked curves that is 200 meters in circumference. In Road, races may be held on regular pavement. The tracks are marked by multiple pylons that create a road course.

COUNTRY OF ORIGIN

Belgium/United States

POPULAR COUNTRIES

Argentina, Belgium, Colombia, Germany, India, Italy

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Artistic/Dance – Italy (mixed) Artistic/Freeskating – Italy (men & women) Artistic/Pair – Italy (mixed)
 Inline Hockey/Team – Czech Republic (men)
 Speed Skating/Road/Elimination Race/20,000m – Belgium (men), Colombia (women)
 Speed Skating/Road/Point Race/10,000m – Belgium (men), Colombia (women)
 Speed Skating/Road/Sprint/500m – France (men), Germany (women)
 Speed Skating/Road/Time Trial/200m – Spain (men), Chile (women)
 Speed Skating/Track/Elimination/15,000m – France (men), Colombia (women)
 Speed Skating/Track/Point Elimination/10,000m – Argentina (men), Colombia (women)
 Speed Skating/Track/Sprint/1,000m – Colombia (men), Belgium (women)
 Speed Skating/Track/Sprint/500m – Germany (men), Italy (women)
 Speed Skating/Track/Time Trial/300m – Germany (men), Colombia (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10

ARTISTIC (FREESTYLE)

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
16 July	9:00 AM	11:30 AM	Qualifying	Men / Women / Couple Dance	CrossPlex
17 July	9:00 AM	11:30 AM	Freeskating / Award Ceremony	Men / Women / Couple Dance	CrossPlex



INLINE HOCKEY

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
8 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
8 July	3:00 PM	5:45 PM	Qualifying	2 Games	CrossPlex
9 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
9 July	3:00 PM	5:45 PM	Qualifying	2 Games	CrossPlex
10 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
10 July	3:00 PM	5:45 PM	Qualifying	2 Games	CrossPlex
11 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
11 July	3:00 PM	5:45 PM	Semi-Finals	2 Games	CrossPlex
12 July	9:00 AM	11:45 AM	Consolation Final	2 Games	CrossPlex
12 July	2:15 PM	5:10 PM	Finals	2 Games	CrossPlex

SPEED SKATING

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
8 July	8:00 AM	5:20 PM	Qualifying – Finals Sprint	Track	Powell Steam Plant
8 July	4:00 PM	5:00 PM	Qualifying – Finals 10,000m	Track	Powell Steam Plant
9 July	9:00 AM	12:33 PM	Quarterfinals – Finals Sprint	Track	Powell Steam Plant
9 July	5:00 PM	6:00 PM	Finals 10,000m	Track	Powell Steam Plant
10 July	8:30 AM	12:25 PM	Qualifying – Finals	Road	Powell Steam Plant
11 July	8:00 AM	12:12 PM	Qualifying – Finals 1 lap	Road	Powell Steam Plant
11 July	4:30 PM	5:30 PM	Finals	Road	Powell Steam Plant



Strength Sports



Powerlifting



Tug of War



HISTORY OF POWERLIFTING

Powerlifting is a strength sport that consists of three attempts on three lifts: squat, bench press and deadlift. An athlete attempts a maximum weight single lift of a barbell loaded with weight plates.

SQUAT

In squat, the lift starts with the lifter standing erect and the bar loaded with weights resting on the lifter's shoulders. At the referee's command, the lift begins. The lifter creates a break in the hips, bends their knees and drops into a squatting position with the hip crease (the top surface of the leg) below the top of the knee. The lifter then returns to an erect position. At the referee's command, the bar is returned to the rack and the lift is completed.

BENCH

In bench, with the lifter's back resting on the bench, the athlete takes the loaded bar at arm's length. The lifter then lowers the bar to the chest. When the bar becomes motionless on the chest, the referee gives a press command. The lifter will press the bar to straight arm's length and hold motionless. Then the referee will call "rack" and the lift is completed as the weight is returned.

DEADLIFT

In deadlift, the lifter grasps the loaded bar which is resting on the platform floor. The lifter pulls the weights off the floor and assumes an erect position. The knees must be locked and the shoulders held back. At the referee's command, the bar will be returned to the floor under the control of the lifter.

COUNTRY OF ORIGIN

United Kingdom/United States

POPULAR COUNTRIES

Russia, Ukraine, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Lightweight – Russia (men & women)

Middleweight – Poland (men), Ukraine (women)

Heavyweight – Ukraine (men), Brazil (women)

Super Heavyweight – Ukraine (men), United States (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10

DISCIPLINE	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Equipped	8 July	11:00 AM	7:30 PM	Lightweight / Midweight	Women	BJCC - Concert Hall
Equipped	9 July	11:00 AM	7:30 PM	Heavyweight / Midweight	Men	BJCC - Concert Hall
Equipped	10 July	11:00 AM	4:30 PM	Super Heavyweight	Men / Women	BJCC - Concert Hall



HISTORY OF TUG OF WAR

The World Games 2022 will feature Outdoor Tug of War.

Two teams, in a test of strength, pull on opposite ends of a rope. The goal is to bring the rope a certain distance in one direction against the force of the opposing team's pull. Two teams of eight, whose total mass must not exceed a class maximum weight, align themselves at opposite ends of the rope. The rope is marked with a center-line and two markings, each 13 feet apart from either side of the center-line. The teams start with the rope's center-line directly above a line marked on the ground, and once the contest has commenced, attempt to pull the other team such that the marking on the rope closest to their opponent crosses the center-line.

COUNTRY OF ORIGIN

Worldwide

POPULAR COUNTRIES

Worldwide

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Indoor/540kg – Chinese Taipei (women)

Outdoor/640kg – Great Britain (men)

Outdoor/700 kg – Switzerland (men)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
14 July	1:30 PM	4:45 PM	Qualifying / Final	Men	UAB - TRACK AND FIELD COMPLEX
15 July	1:30 PM	4:45 PM	Qualifying / Final	Women	UAB - TRACK AND FIELD COMPLEX
16 July	2:00 PM	5:15 PM	Qualifying / Final	Mixed	UAB - TRACK AND FIELD COMPLEX



Precision Sports



Archery



Billiards



Boules



Bowling



HISTORY OF ARCHERY

The game of Archery uses a stringed bow to propel an arrow toward a target with the goal of being as close to the center of the target as possible. There are three disciplines of Archery offered in The World Games: Target and Field, including Recurve and Field Barebow.

TARGET

In Target, there is a ranking round and elimination round. The ranking round consists of all athletes shooting 72 arrows at a distance of 50m with an 80cm single target face. The highest score that can be achieved with one arrow is 10 points. The lowest score is five points. The highest scorer will be ranked number 1, the second-highest scorer will be ranked number 2, and so on, until all athletes are ranked. Athletes will then be paired into a head-to-head elimination draw. During the elimination round, athletes shoot 15 arrows in five ends of three arrows. The athlete with the highest 15-arrow score wins the match and advances.

FIELD ARCHERY

In Field Archery, the difference between Recurve and Barebow is the type of bow used. There is a qualification round and elimination round. The qualification round consists of 12 unmarked and 12 marked targets being shot. Athletes shoot three arrows at each target; six points is the maximum that can be scored with one arrow. All athletes will shoot on an unmarked course of 12 targets, meaning that they must use their skill to guess the distance, size and shooting angle of each target. After shooting at the unmarked targets, athletes will be ranked and re-grouped according to the ranking they have achieved from the points they have accumulated. The same athletes will then shoot a course of 12 marked targets – meaning the distance and target size will be known. At the conclusion of the 24 targets, all athletes will be ranked from 1-12 according to the amount of points they have accumulated. In the elimination round, athletes ranked number 1 and 2 are protected from the early elimination rounds and will proceed directly to the semi-finals. The remaining 10 athletes will be placed in two “pool groups” and will compete for the remaining two semifinal spaces. The winning athletes will be paired with their semifinal opponent and shoot a head-to-head match of three arrows each, over four separate distances. The athlete with the highest score will progress to the gold medal match; the losing semifinalist will shoot for the bronze medal.

COUNTRY OF ORIGIN

England

POPULAR COUNTRIES

South Korea, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Compound Target/Individual – Denmark (m), Colombia (w)

Compound Target/Team – Denmark (mixed)

Field/Barebow – Hungary (m), Italy (w)

Field/Recurve – Italy (m), Germany (w)

EDITIONS PARTICIPATED IN THE WORLD GAMES

9

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Compound Target	8 July	9:30 AM	5:30 PM	Quarterfinals	Men / Women / Mixed	Avondale Park
Compound Target	9 July	9:00 AM	2:50 PM	Semifinals / Finals	Men / Women / Mixed	Avondale Park
Field Recurve	10 July	9:00 AM	5:00 PM	Qualifying	Men / Women	Avondale Park
Field Recurve	11 July	9:00 AM	6:30 PM	Qualifying	Men / Women	Avondale Park
Field Recurve	12 July	1:00 PM	3:35 PM	Semifinals / Finals	Men / Women	Avondale Park
Field Barebow	13 July	9:00 AM	5:00 PM	Qualifying	Men / Women	Avondale Park
Field Barebow	14 July	9:00 AM	6:30 PM	Qualifying	Men / Women	Avondale Park
Field Barebow	15 July	1:00 PM	3:35 PM	Semifinals / Finals	Men / Women	Avondale Park



HISTORY OF BILLIARDS

Billiards are a cue-sport generally played with a cue-stick, used to strike billiard balls and cause them to move around a cloth-covered billiards table bounded by elastic bumpers (cushions). There are three disciplines of Billiards offered in The World Games: Carom – 3 Cushion, Pool – 9 Ball and Snooker.

CAROM

In Carom, the game is played on a 1.5 x 3 meter playing area, which does not have pockets, only cushions. There are three spotted balls used: a white, yellow and red ball. One opponent uses the white ball as their cue ball and the other opponent uses the yellow. The red is neutral. To score a point, a player's cue ball must contact three or more cushions and also contact both of the other two balls in one shot. The last ball must not be contacted until a combination of three or more rails and the first object ball have been contacted. This counts as one point, regardless of how the point is made. Either of the other two balls may be contacted first; it does not matter which one, it is up to the player. The player continues to play until he misses. The match is played to 40 points with equalizing innings.

POOL

In 9-Ball Pool, the game is played on a 9 x 4.6 foot playing area, with six pocket holes, using 9 object balls and a cue ball. All object balls are different colors and are numbered one through nine. The objective of the game is to legally pocket the 9-ball to win. The balls are played in numerical order, commencing with the 1-ball, then the 2-ball, and so on. It is important to note that provided that the cue ball has first contact with lowest number ball, any other ball(s) that is pocketed will count and the player will continue to play. If the other ball happens to be the 9-ball, then the player has won that particular rack (game).

SNOOKER

In Snooker, the game is played on a 11.8 x 5.10 foot playing area, with six pocket holes. There is one cue-ball, 15 red balls, and six colored balls. When there are still red balls on the table, the player's first shot on every turn must be to hit a red with the cue-ball. If they pocket that red, then they score one point and their next shot may be any of the other colored balls. The red stays in the pocket. If they pocket that color, then they score the value of the color and their next shot must be a red. The color goes back on its own spot. If they fail to pocket a ball, or if they foul, then their turn is ended and their opponent will play. When all red balls are gone, the colored balls are pocketed in order and stay in the pocket. The player with the most points once all the balls are pocketed, wins.

COUNTRY OF ORIGIN

France (carom)
United States (9-ball)
India (snooker)

POPULAR COUNTRIES

Australia, Canada, Ireland, the Philippines, United Kingdom, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Carom – Spain (men)
9-Ball – Philippines (men), China (women)
Snooker – Great Britain (mixed)

EDITIONS PARTICIPATED IN THE WORLD GAMES

5



BILLIARDS

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Carom / Snooker / 9 Ball	13 July	11:30 AM	4:00 PM	Qualifying	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	13 July	5:30 PM	10:00 PM	Qualifying	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	14 July	11:30 AM	4:00 PM	Qualifying	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	14 July	5:30 PM	10:00 PM	Qualifying	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	15 July	11:30 AM	4:00 PM	Qualifying	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	15 July	5:30 PM	10:00 PM	Qualifying	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	16 July	9:00 AM	1:30 PM	Semifinals	Men / Women	Sheraton Ballroom
Carom / Snooker / 9 Ball	16 July	3:00 PM	10:00 PM	Consolation / Final	Men / Women	Sheraton Ballroom
Carom / Snooker	17 July	10:00 AM	2:30 PM	Final	Men	Sheraton Ballroom



HISTORY OF BOULES

Boules is a sport in which athletes throw or roll heavy balls (boules) as close as possible to a small target ball. The aim of the game is to place one's boules as near as possible to a target (called the jack). The opponent attempts to place their boules close to this jack or to remove the boules that prevent them doing so. The boules are thrown (palm down) and are metal. There are two disciplines of Boules offered in The World Games: Lyonnaise and Pétanque.

LYONNAISE

In Lyonnaise (progressive shooting), the players run for five minutes and try to strike target-boules placed at difference distances on both sides of the playing ground. In precision shooting, the players attempt to place one's boules closer to the jack than the boules of his opponents.

PÉTANQUE

In Pétanque, players must throw from a circle with both feet firmly on the ground. In precision shooting, the players have to strike at randomized distances, different targets in various situations. In classic, the players attempt to place their boules closer to the jack than the boules of their opponents.

COUNTRY OF ORIGIN

France (Pétanque)

Italy (Lyonnaise)

POPULAR COUNTRIES

Asian countries, Italy, France, South American countries

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Lyonnaise/Precision Shooting/Singles – Argentina (men), China (women)

Lyonnaise/Progressive Shooting/Singles – France (men & women)

Pétanque/Classic/Doubles – Italy (men), Thailand (women)

Pétanque/Precision Shooting/Singles – France (men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

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[LYONNAISE \(Progressive Shooting\) & PETANQUE \(Precision Shooting\)](#)

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
12 July	9:00 AM	11:45 AM	Qualifying	Women – Singles	Bessie Estell Park
12 July	2:15 PM	6:00 PM	Semis – Final	Women – Singles	Bessie Estell Park

[LYONNAISE \(Precision Shooting\) & PETANQUE \(Classic\)](#)

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
13 July	9:30 AM	4:00 PM	Qualifying	Women – Singles/ Doubles	Bessie Estell Park
13 July	6:15 PM	7:30 PM	Final	Women – Singles/ Doubles	Bessie Estell Park



HISTORY OF BOWLING

The World Games 2022 will feature one discipline of Bowling: Tenpin.

A game of ten-pins consists of ten frames. A player delivers two balls in each of the first nine frames unless a strike is scored. In the tenth frame, a player delivers three balls if a strike or spare is scored. A strike is made when a full setup of pins is knocked down with the first delivery in a frame. Ten points are awarded for one strike, plus the number of pins knocked down on the player's next two deliveries. A spare is scored when pins left standing after the first delivery are knocked down within the second delivery in that frame. When a player fails to knock down all ten pins after two deliveries in a frame, it is referred to as an open frame. The maximum score in ten-pin bowling is 300. This can happen by achieving 12 strikes in a row in one game.

COUNTRY OF ORIGIN

United States

POPULAR COUNTRIES

Asian countries, European countries, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Ten-Pins/Singles – Korea (men), United States (women)

Ten-Pins/Doubles – Canada (men), Colombia (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Singles	8 July	9:30 AM	8:50 PM	Qualifying	Men / Women	BJCC - North Exhibit Hall
Doubles	9 July	9:30 AM	8:50 PM	Qualifying	Men / Women	BJCC - North Exhibit Hall
Singles	10 July	9:00 AM	7:10 PM	Qualifying – Semifinals	Men / Women	BJCC - North Exhibit Hall
Doubles	10 July	7:40 PM	9:50 PM	Quarterfinals/ Semifinals	Men / Women	BJCC - North Exhibit Hall
Singles	11 July	10:00 AM	3:20 PM	Consolation/ Final	Men / Women	BJCC - North Exhibit Hall
Doubles	11 July	4:00 PM	9:20 PM	Consolation / Final	Men / Women	BJCC - North Exhibit Hall



Martial Arts



Ju-Jitsu



Sumo



Karate



Wushu



Muaythai



HISTORY OF JU-JITSU

Ju-Jitsu is a Japanese martial art and a method of close combat and self-defense. It expresses the philosophy of yielding to an opponent's force rather than trying to oppose force with force. Manipulating an opponent's attack using his force and direction allows jutsukas (athletes) to control the balance of their opponent, hence preventing the opponent from resisting the counterattack. There are two disciplines of Ju-Jitsu offered in The World Games: Fighting and Ne-Waza.

FIGHTING

Fighting involves competitors combining striking, grappling and submissions under rules which emphasize safety. The actual combat is divided into three parts. Part I sees the jutsukas involved in distance combat and controlled attacks with arms and legs. Once a grab has been made, the fight enters Part II, and hits are no longer allowed. The jutsukas try to bring one another down with various throwing techniques. Points are given according to how clean and effective the actions are performed. Once down on the tatamis (mats), the match enters Part III. Here, points are given for immobilization techniques, controlled strangulations, or levers on body joints that cause the opponent to yield. The winner is the Jutsuka who has accumulated the most points during the fight or performed a "perfect technique in all three Parts." In this case, the fight will end before the time runs out. This type of competition requires timing, agility, strength and endurance.

NE-WAZA

Ne-Waza is a discipline that focuses on grappling and ground-fighting. Competitors start the match standing up – punches and kicks are not allowed. The main part of the fight takes place on the ground. The goal is to win by submission with a lock on the joints or strangulation. It is possible to gain points for throws, take-downs, controlling positions and actions giving players an advantage in the fight. Ne-Waza is extremely tactical and sometimes described as the chess game of martial arts.

COUNTRY OF ORIGIN

Japan

POPULAR COUNTRIES

Asian countries, European countries, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Fighting/55kg – Denmark (women)

Fighting/62kg – Ukraine (men), France (women)

Fighting/69kg – Netherlands (men)

Fighting/70kg – Germany (women)

Fighting/77kg – Russia (men)

Fighting/85kg – Denmark (men)

Fighting/94kg – Poland (men)

Fighting/94kg+ – France (men)

National Competition/Team – Germany (mixed)

Ne-Waza/55kg – Belgium (women)

Ne-Waza/62kg – Poland (men)

Ne-Waza/69kg – France (men)

Ne-Waza/77kg – Switzerland (men)

Ne-Waza/85kg – Mexico (men)

Ne-Waza/94kg – United Arab Emirates (men)

Ne-Waza/94kg+ – Morocco (men)

Ne-Waza/Open – Hungary (men), Belgium (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

7

DISCIPLINE	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Fighting / Ne-Waza	15 July	9:00 AM	2:20 PM	Qualifying / Semifinal	Men / Women (Fighting Only)	BSC - Bill Battle Coliseum
Fighting / Ne-Waza	15 July	4:00 PM	8:30 PM	Consolation / Final	Men / Women (Fighting Only)	BSC - Bill Battle Coliseum
Fighting / Ne-Waza	16 July	9:00 AM	12:00 PM	Qualifying / Semifinal	Men	BSC - Bill Battle Coliseum
Fighting / Ne-Waza	16 July	1:00 PM	8:00 PM	Consolation / Final	Men / Team	BSC - Bill Battle Coliseum



HISTORY OF KARATE

Karate is a martial art that primarily features punching, kicking, knee strikes, elbow strikes and open-hand techniques such as knife-hands, spear-hands, and palm-heel strikes. Grappling, throws, joint locks, restraints and vital-point strikes are also used. There are 2 categories of Karate: Kata (forms) and Kumite (sparring).

KATA

Kata is a formalized sequence of movements which represent various offensive and defensive postures. These postures are based on idealized combat applications. The Kata tournament revolves around the elements by which judges evaluate the katas, including conformity with standards in form and style, technical performance focusing on movements, timing and synchronization, as well as concentration, technical difficulty and athletic performance. These elements together, with the official kata list, define the criteria to decide the winners in a Kata bout.

KUMITE

Kumite involves a player training or sparring against an adversary. Kumite is free with light- or semi-contact and points are awarded by a referee. Scores are given when techniques are performed with good form, excellent timing, vigorous application and correct distance. An Ippon (three points) is awarded for Jodan kicks (high kick to chin) and techniques delivered on a thrown or fallen opponent. A Waza-Ari (two points) is awarded for Chudan kicks (mid-section kicks). A Yuko (one point) is awarded for Chudan or Jodan Tsuki (high or mid-section punch) and Jodan or Chudan Uchi (high or mid-section circular hand strike). Kumite is performed in a marked or closed area.

COUNTRY OF ORIGIN

Japan

POPULAR COUNTRIES

Asian countries, European countries, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Kata/Individual – Japan (men & women)
 Kumite/50kg – France (women)
 Kumite/55kg – Brazil (women)
 Kumite/60kg – Azerbaijan (men)
 Kumite/61kg – Peru (women)
 Kumite/67kg – France (men)
 Kumite/68kg – Algeria (women)
 Kumite/68kg – Japan (women)
 Kumite/75kg – Ukraine (men)
 Kumite/84kg – Iran (men)
 Kumite/84kg+ – Japan (men)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10

DISCIPLINE	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Kata / Kumite	8 July	10:00 AM	4:20 PM	Qualifying / Semifinal	Men / Women	Birmingham-Southern College
Kata / Kumite	8 July	5:30 PM	8:00 PM	Consolation / Final	Men / Women	Birmingham-Southern College
Kumite	9 July	10:00 AM	4:15 PM	Qualifying / Semifinal	Men / Women	Birmingham-Southern College
Kumite	9 July	5:00 PM	7:20 PM	Consolation / Final	Men / Women	Birmingham-Southern College



HISTORY OF KICKBOXING

Kickboxing is a combat sport which features kicking and punching. Kickboxing offers one discipline in The World Games: K1 Rules.

K1 Rules is a discipline where players must beat an opponent using legal hand and foot techniques for the purpose of scoring points. The emphasis of these rules centers around delivery, speed and technique. The competition is held in a boxing ring, and is made up of three rounds of two minutes each. Every bout is scored by three independent judges who must register every point. To be registered as a point, hand or foot techniques must be completed with full power, have landed on a legal target area and be hit from an adequate distance and balance. Every valid hand or foot technique is scored as one point. Players wear protective gear including a mouth-guard, hand-wraps, boxing gloves, groin-guard, shin-pads, kick-boots and headgear.

COUNTRY OF ORIGIN

Japan

POPULAR COUNTRIES

European Countries, Japan, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

0

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
13 July	11:30 AM	5:30 PM	Quarterfinal	Men / Women	Boutwell Auditorium
13 July	7:00 PM	10:00 PM	Semifinal	Men / Women	Boutwell Auditorium
14 July	3:00 PM	4:30 PM	Consolation	Men / Women	Boutwell Auditorium
14 July	6:40 PM	9:20 PM	Final	Men / Women	Boutwell Auditorium



HISTORY OF MUAYTHAI

Muaythai is a combat sport that utilizes stand-up striking along with various clinching techniques. It is known as the “Art of Eight Limbs” because it is characterized by the combined use of fists, elbows, knees and shins. Muaythai is often a fighting art of attrition, where opponents exchange blows with one another. Almost all techniques in muaythai use the entire body movement, rotating the hip with each kick, punch, elbow and block. The fighting ring and gloves used are similar to boxing. Points are awarded when an athlete hits an opponent by punching, kicking, kneeing or elbowing with force and landing on target, with no infringements of blocking or guarding. Ten points are awarded for each round. At the end of each round, the better athlete receives 10 points. If athletes are equal in merit, both receive 10 points.

COUNTRY OF ORIGIN

Thailand

POPULAR COUNTRIES

Australia, European Countries, Japan, North America, South America, Thailand

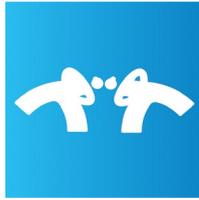
THE WORLD GAMES 2017 CHAMPION (COUNTRY)

51kg – Vietnam (women)
 54kg – Kazakhstan (men), Sweden (women)
 57kg – Thailand (men)
 60kg – Russia (women)
 63.5kg – Ukraine (men)
 67kg – Ukraine (men)
 71kg – Thailand (men)
 75kg – Belarus (men)
 81kg – Turkey (men)
 91kg – Ukraine (men)

EDITIONS PARTICIPATED IN THE WORLD GAMES

1

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
15 July	3:00 PM	9:00 PM	Qualifying	Men / Women	Boutwell Auditorium
16 July	2:00 PM	5:00 PM	Semifinals	Men / Women	Boutwell Auditorium
17 July	10:15 AM	2:55 PM	Consolation/Finals	Men / Women	Boutwell Auditorium



HISTORY OF SUMO

Sumo is a competitive, full-contact wrestling sport where a wrestler (rikishi) attempts to force another wrestler out of a 4.55 meter circular ring (dohyō) or into touching the ground with anything other than the soles of their feet. While competing, athletes wear a loin-cloth (mawashi). Women wear leotards underneath the mawashi. Punching, poking, kicking the chest or abdominal areas, taking hold of the opponent's hair, throat, clothing other than the mawashi, the maebukuro (front pouch part of mawashi), bending back the opponent's fingers, biting, or slapping the opponent's face with an arm outstretched more than shoulder width is not allowed. At the initial charge, both wrestlers must jump up from the crouch simultaneously after touching the surface of the ring with two fists. Bouts are typically very short, usually ranging from a few seconds to less than a minute. Each match is preceded by an elaborate ceremonial ritual.

COUNTRY OF ORIGIN

Japan

POPULAR COUNTRIES

Japan, Russia, Ukraine

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Lightweight – Russia (men), Ukraine (women)

Middleweight – Russia (men), Mongolia (women)

Heavyweight – Russia (men & women)

Open Weight – Russia (men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

5

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Heavyweight / Lightweight / Midweight	9 July	12:40 PM	4:30 PM	Qualifying	Men / Women	Boutwell Auditorium
Heavyweight / Lightweight / Midweight	9 July	7:00 PM	9:30 PM	Final	Men / Women	Boutwell Auditorium
Open Weight	10 July	3:30 PM	8:15 PM	Qualifying / Final	Men / Women	Boutwell Auditorium



HISTORY OF WUSHU

Wushu is the collective term for the martial art practices that originated and developed in China. Over its long history, wushu has developed into numerous distinct styles and systems, each incorporating their own techniques, tactics, principles and methods, as well as the use of a wide variety of traditional weaponry. Competitive wushu is categorized into two main categories, namely Taolu (Routines Competition) and Sanda (Free-fighting Competition).

The World Games 2022 will feature Taolu, which refers to the set routine (form) practice component of wushu. Taolu routines comprise of a continuously connected set of pre-determined techniques, choreographed according to certain principles and philosophies which incorporate techniques and stylistic principles of attack and defense. These include hand techniques, leg techniques, jumps, sweeps, stances & footwork, seizing, throwing & wrestling, balances etc. The main taolu events are:

CHANGQUAN (Long Fist)

Comprising of styles that originated and are popular in the northern geographic areas of China, this style is defined by open and long-range strikes, and a wide variety of leg techniques and circular motions. Changquan utilizes open and expanded postures, high-speed techniques as well as many aerial and acrobatic techniques. It is a fast, dynamic and exciting style, incorporating many breathtaking movements.

NANQUAN (Southern Fist)

Comprising of styles that originated and are popular in the southern geographic areas of China, Nanquan is defined by low stances with fewer leg techniques and a focus on short, powerful arm strikes often accompanied by vocal articulation. Focusing on a solid stance and stability, Nanquan has relatively fewer acrobatic techniques but rather concentrates on generating extremely powerful techniques with intricate and highly developed hand techniques. It is a fierce and powerful style whose practitioners exude a strong spirit

TAIJIQUAN (Tai Chi Chuan)

The most widely practiced and popular martial art in the world today, Taiji Quan is characterized by its slow and graceful motions and its combination of both hard and soft techniques. Taiji Quan is defined by slow motions, coupled at times with explosive bursts of force, which require total harmony of motion and breath, concentration and coordination of the entire body and spirit in continuous practice.

DAOSHU (Broadsword)

As one of the prominent short-bladed weapons in Chinese history, the broadsword was widely practiced throughout China. It is a single-edged curved blade and its practice is characterized by vigorous attack and defensive techniques. Its fierce and powerful movements primarily utilize wrapping and entwining techniques with relentless hacking, upper-cutting, slashing, blocking, thrusting and circling. Its performance requires great strength and coordination between the practitioner's body and the weapon.

JIANSHU (Straight Sword)

The straight sword is one of the most widely practiced short-bladed weapons in Chinese history. It is a double-edged straight-bladed sword and its practice is characterized by graceful, elegant, brisk, agile and naturally flowing motions. It focuses on a harmonious balance between hard and soft techniques with variable and flexible changes in speed. Its primary techniques include thrusting, pointing, tilting, shearing and sweeping combined with intricate footwork, and flexible body work.

COUNTRY OF ORIGIN

China

POPULAR COUNTRIES

China

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

2

DATE	START TIME	END TIME	ROUND	VENUE
12 July	9:30 AM	11:30 AM	Qualifying / Final	BSC - Bill Battle Coliseum
12 July	7:00 PM	8:35 PM	Qualifying / Final	BSC - Bill Battle Coliseum
13 July	9:30 AM	11:20 AM	Qualifying / Final	BSC - Bill Battle Coliseum
13 July	12:30 PM	2:30 PM	Aikido Demo Program	BSC - Bill Battle Coliseum
13 July	7:00 PM	8:35 PM	Qualifying / Final	BSC - Bill Battle Coliseum



Ball Sports



Canoe Polo



Handball



Softball



Fistball



Korfball



Squash



**Flag
Football**



Lacrosse



**Wheelchair
Rugby**



Floorball



Racquetball



HISTORY OF CANOE

There are two disciplines of Canoe in The World Games: Canoe Polo and Canoe Marathon.

CANOE POLO

Canoe polo, also known as Kayak polo, is one of the competitive disciplines of canoeing/kayaking. Polo combines boating and ball handling skills within a contact team game. Each team has five players on the pitch who compete to score in their opponent's goal, which is suspended two meters above the water. The ball can be thrown by hand or flicked with the paddle to pass between players and shoot at the goal. The canoes/kayaks are specifically designed for polo and are faster and lighter than typical canoes/kayaks. This gives them superior maneuverability. The blades of the polo paddle have thick, rounded edges to prevent injury. Paddles are also very lightweight and designed with both pulling-power and ball-control in mind.

CANOE MARATHON

In Canoe Marathon, the competitor races over a long-distance course on water that is not subject to prescribed standards. The competitor must take the water as it is found and be prepared, if necessary, to carry his or her kayak around an impassable obstacle or between two waterways.

COUNTRY OF ORIGIN

England (canoe polo)
England (canoe marathon)

POPULAR COUNTRIES

Australia, Germany, Hungary

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Canoe Polo/Team – Germany (men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

4

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Marathon – Short Distance	11 July	9:00 AM	11:00 AM	Qualifying	Men / Women	Oak Mountain State Park
Marathon – Short Distance	11 July	4:00 PM	5:30 PM	Final	Men / Women	Oak Mountain State Park
Marathon –Standard Distance	12 July	9:00 AM	1:00 PM	Qualifying / Final	Men / Women	Oak Mountain State Park
Canoe Polo	14 July	9:00 AM	3:20 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	14 July	4:30 PM	7:30 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	15 July	9:00 AM	3:20 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	15 July	4:30 PM	7:30 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	16 July	8:30 AM	2:50 PM	Quarterfinals	Men / Women	CrossPlex
Canoe Polo	16 July	4:00 PM	9:10 PM	Placement	Men / Women	CrossPlex
Canoe Polo	17 July	8:30 AM	2:50 PM	Semifinals/ Final	Men / Women	CrossPlex



HISTORY OF FISTBALL

Fistball is a sport similar to volleyball. Two teams consisting of 5 players play on a court divided into two halves by a marked line and a net at a height of 2 meters for men and 1.90 meters for women. Each team's aim is to strike the ball across the net in a way that the opponent fails to return. Each failed return by a team counts as a point for the opponent. A team can win by scoring 11 points (at a difference of at least two points). The winner of the game is the team that has won three or four sets (depending on the amount of matches per day). The ball is struck with a player's fist or arm, but never with open hand. After clearing the net, the ball may be contacted up to three times, with a bounce being permissible before each contact, but no repeat hits by any individual player are allowed within the three attempts.

COUNTRY OF ORIGIN

Italy

POPULAR COUNTRIES

Austria, Brazil, Germany, Switzerland

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Germany (men)

EDITIONS PARTICIPATED IN THE WORLD GAMES

9

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
10 July	10:00 AM	8:30 PM	Qualifying	Men / Women	BSC – Soccer Fields
11 July	10:00 AM	1:30 PM	Qualifying	Men	BSC – Soccer Fields
11 July	5:00 PM	8:30 PM	Qualifying	Men/ Women	BSC – Soccer Fields
12 July	10:00 AM	8:00 PM	Semifinal / Place Games / Qualifying	Men (Qualifying) / Women	BSC – Soccer Fields
13 July	10:00 AM	8:30 PM	Semifinal / Place Games / Consolation / Final	Men / Women (Consolation / Final)	BSC – Soccer Fields
14 July	9:30 AM	3:30 PM	Place / Consolation / Final	Men	BSC – Soccer Fields



HISTORY OF FLAG FOOTBALL

Flag football is a team sport like tackle football but with the use of flags to avoid contact. Competitors wear tightly fixed flag belts with sockets and 2 pop-flags on either side of their hips. The goal of the game is to advance the ball down the field by running it or passing it to score a touchdown by crossing the opponent's goal line. Teams score 6 points for a touchdown and, after a touchdown, can gain an extra 1 or 2 points for a set play from 5 or 10 yard lines. Teams have 4 series of downs to cross the midfield line to keep possession and earn a new set of 4 downs. If they do not, they have to surrender possession of the ball to their opponent, who start at their own 5 yard line. The play ends when the ball-carrier's flag is removed, goes out of bounds, or if a forward pass hits the ground. The team with the higher score at the end of the game is the winner. Games are split into two halves of 20 minutes and teams are comprised of 15 players each (5 on the field, 10 as substitutes). Teams compete on a rectangular 25-yard by 50-yard field, with an additional 10-yard end zone.

COUNTRY OF ORIGIN

United States

POPULAR COUNTRIES

United States

THE WORLD GAMES 2017 CHAMPION

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

0

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
10 July	3:00 PM	8:45 PM	Qualifying	Men / Women	Legion Field
11 July	3:00 PM	8:45 PM	Qualifying	Men / Women	Legion Field
12 July	3:00 PM	8:45 PM	Quarterfinal	Men / Women	Legion Field
13 July	3:00 PM	8:55 PM	Semifinal	Men / Women	Legion Field
14 July	5:10 PM	8:55 PM	Consolation / Final	Men / Women	Legion Field



HISTORY OF FLOORBALL

Floorball is a type of floor hockey in which two teams maneuver a ball into the opponent's goal using a stick. There are five players and a goalkeeper on each team. Checking is prohibited, but controlled shoulder-to-shoulder contact is allowed. Pushing players without the ball or competing for a loose ball is not allowed. Players cannot lift another opponent's stick or perform any stick infractions in order to reach the ball. Players may not raise their stick or play the ball above their knee level, and a stick cannot be placed between a player's legs. Players can not touch the ball with their hands or head. While it is permissible to foot pass the ball to a teammate, a player cannot kick the ball twice in a row.

COUNTRY OF ORIGIN

United States of America

POPULAR COUNTRIES

European countries

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Sweden (men)

EDITIONS PARTICIPATED IN THE WORLD GAMES

2

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
8 July	9:30 AM	1:35 PM	Qualifying	2 Matches	BJJC - East Exhibit Hall
8 July	3:30 PM	7:50 PM	Qualifying	2 Matches	BJJC - East Exhibit Hall
9 July	9:30 AM	1:35 PM	Qualifying	2 Matches	BJJC - East Exhibit Hall
9 July	3:30 PM	7:35 PM	Qualifying	2 Matches	BJJC - East Exhibit Hall
10 July	9:30 AM	1:35 PM	Qualifying	2 Matches	BJJC - East Exhibit Hall
10 July	3:30 PM	7:35 PM	Qualifying	2 Matches	BJJC - East Exhibit Hall
11 July	9:30 AM	1:50 PM	Semifinals	2 Matches	BJJC - East Exhibit Hall
11 July	3:00 PM	7:20 AM	Place	2 Matches	BJJC - East Exhibit Hall
12 July	10:00 AM	2:20 PM	Medals	2 Matches	BJJC - East Exhibit Hall



HISTORY OF HANDBALL

Handball has one discipline offered in The World Games: Beach Handball.

Beach Handball is a team sport played on sand where players pass, bounce or roll a ball, trying to throw it in the goal of the opposing team. Each team features three standard players, and a goalie or specialist on each side. During defensive possessions, teams are made up of three defenders and one goalie. However, on offense, three different players sub in and the extra spot the goalie filled on defense is filled by the specialist on offense. Games are split into two 10-minute halves which serve as individual games within the overall match. Each match is a best-out-of-two scenario. The goal is to win both halves to secure the victory – however, if each team wins one game, then the game goes into a sudden death shootout. The score system is based on a one- or two-point structure. A goal scored by any of the players, excluding the specialist or goalie, is worth one point. There are three ways for a goal to be worth two points. The first is an “alley-oop,” which involves the ball being passed to a teammate who catches and shoots the ball without their feet touching the ground. The second is the goalie or specialist scoring a goal. If he or she scores – no matter how they score – it is an automatic two points. The third way is by making a “spectacular” or 360-degree shot. As these names imply, these types of goals involve the offensive player doing an acrobatic aerial maneuver, spinning their bodies around in a 360-degree turn and hitting the ball.

COUNTRY OF ORIGIN

Italy

POPULAR COUNTRIES

Australia, Brazil, Croatia, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Brazil (men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

4

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
11 July	9:30 AM	12:40 PM	Qualifying	Men / Women	Sloss Furnaces
11 July	3:00 PM	6:10 PM	Qualifying	Men / Women	Sloss Furnaces
12 July	10:30 AM	12:00 PM	Qualifying	Men / Women	Sloss Furnaces
12 July	5:00 PM	6:30 PM	Qualifying	Men / Women	Sloss Furnaces
13 July	9:30 AM	12:40 PM	Qualifying	Men / Women	Sloss Furnaces
13 July	3:30 PM	6:40 PM	Qualifying	Men / Women	Sloss Furnaces
14 July	9:30 AM	12:40 PM	Quarterfinals	Men / Women	Sloss Furnaces
14 July	3:30 PM	6:40 PM	Semifinal/Place Games	Men / Women	Sloss Furnaces
15 July	9:30 AM	12:40 PM	Semifinal/Place Games	Men / Women	Sloss Furnaces
15 July	2:30 PM	6:10 PM	Consolation/Finals	Men / Women	Sloss Furnaces



HISTORY OF KORFBALL

Korfball is a ball sport similar to basketball and netball. A team consists of eight players: four females and four males. The object of the game is to throw the ball into a bottomless basket mounted on an 11.5 foot pole. Each team has four players in each half (zone) of the court, and they cannot switch zones during game play. Once two goals have been scored, the teams change zones, with offense becoming defense, and vice-versa. Players move the ball up court by passing the ball to one another. Once a ball is caught, a player may not dribble, walk or run with it, but can pivot with one foot remaining on the ground. Tackling, blocking, holding or kicking the ball is not allowed.

COUNTRY OF ORIGIN

Netherlands

POPULAR COUNTRIES

Belgium, Netherlands, Chinese Taipei

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Netherlands (mixed)

EDITIONS PARTICIPATED IN THE WORLD GAMES

9

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
13 July	11:30 AM	2:30 PM	Qualifying	2 Games	BJCC - East Exhibit Hall
13 July	5:00 PM	8:00 PM	Qualifying	2 Games	BJCC - East Exhibit Hall
14 July	11:30 AM	2:30 PM	Qualifying	2 Games	BJCC - East Exhibit Hall
14 July	5:00 PM	8:00 PM	Qualifying	2 Games	BJCC - East Exhibit Hall
15 July	11:30 AM	2:30 PM	Qualifying	2 Games	BJCC - East Exhibit Hall
15 July	5:00 PM	8:00 PM	Qualifying	2 Games	BJCC - East Exhibit Hall
16 July	11:30 PM	2:30 PM	Semifinal	2 Games	BJCC - East Exhibit Hall
16 July	5:00 PM	8:00 PM	Place Games	2 Games	BJCC - East Exhibit Hall
17 July	9:30 AM	12:30 PM	Place Game / Consolation	2 Games	BJCC - East Exhibit Hall
17 July	2:00 PM	3:15 PM	Final	1 Games	BJCC - East Exhibit Hall



HISTORY OF LACROSSE

Lacrosse is a team sport played with a stick and a ball. The purpose of each team is to score by causing the ball to enter the goal of its opponent and to prevent the other team from securing the ball and scoring. The ball is kept in play by being carried, thrown, or batted with the stick, or rolled or kicked in any direction. It is illegal for an opponent to bodycheck another player, and “slashing” of an opponent’s stick with deliberate viciousness results in a foul.

The World Games 2022 will feature six versus six lacrosse, which is played by two teams of six players on a field 70 meters long by 36 meters wide. Games are four quarters of eight minutes in length, with a 30-second shot-clock used upon each team’s possession. A tied score at the end of regulation leads to four-minute periods until a goal is scored to determine the winner.

COUNTRY OF ORIGIN

United States, Central Upstate New York

POPULAR COUNTRIES

Canada, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

United States (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

1

SPORT	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Men	8 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Men	8 July	2:00 PM	4:30 PM	Qualifying	2 Games	UAB - PNC Field
Men	9 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Men	9 July	2:00 PM	4:30 PM	Qualifying	2 Games	UAB - PNC Field
Men	10 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Men	10 July	2:00 PM	4:30 PM	Qualifying	2 Games	UAB - PNC Field
Men	11 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Men	11 July	2:00 PM	4:30 PM	Semifinal	2 Games	UAB - PNC Field
Women	12 July	10:30 AM	12:45 PM	Qualifying	2 Games	UAB - PNC Field
Men	12 July	7:00 PM	9:30 PM	Consolation / Final	2 Games	UAB - PNC Field
Women	12 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Women	12 July	2:00 PM	4:30 PM	Qualifying	2 Games	UAB - PNC Field
Women	13 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Women	13 July	2:00 PM	4:30 PM	Qualifying	2 Games	UAB - PNC Field
Women	14 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Women	14 July	2:00 PM	4:30 PM	Qualifying	2 Games	UAB - PNC Field
Women	15 July	10:30 AM	1:00 PM	Qualifying	2 Games	UAB - PNC Field
Women	15 July	2:00 PM	4:30 PM	Semifinal	2 Games	UAB - PNC Field
Women	16 July	7:00 PM	9:30 PM	Consolation / Finak	2 Games	UAB - PNC Field



HISTORY OF RACQUETBALL

Racquetball is played with a hollow rubber ball. The court's walls, floor, and ceiling are legal playing surfaces. As play begins, the serving player must bounce the ball on the floor once and hit it directly to the front wall, ensuring that the ball hits the floor beyond the short line. The ball may touch one side wall – but not two – prior to hitting the floor. After the ball bounces behind the short line or passes the receiving line, the ball is in play. Players alternate hitting the ball against the front wall. The player returning the hit may allow the ball to bounce once on the floor, or hit the ball on the fly. However, once the player returning the shot has hit the ball, it must strike the front wall before striking the floor. Unlike the serve, a ball in play may touch as many walls – including the ceiling – as necessary, so long as it reaches the front wall without striking the floor. If the server wins the rally, then the server scores one point and continues to serve. If the opposing player wins the rally, then no point is scored, but that player will take over serving. A match is won by the first side winning two games.

COUNTRY OF ORIGIN

United States

POPULAR COUNTRIES

Bolivia, Mexico, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

2

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
10 July	9:00 AM	1:00 PM	Qualifying	Men	UAB Student Rec Center - Gymnasium
10 July	3:00 PM	7:00 PM	Qualifying	Men	UAB Student Rec Center - Gymnasium
11 July	9:00 AM	1:00 PM	Qualifying	Women	UAB Student Rec Center - Gymnasium
11 July	3:00 PM	7:00 PM	Qualifying	Women	UAB Student Rec Center - Gymnasium
12 July	9:00 AM	1:00 PM	Quarterfinal	Men / Women	UAB Student Rec Center - Gymnasium
12 July	3:00 PM	7:00 PM	Quarterfinal	Men / Women	UAB Student Rec Center - Gymnasium
13 July	9:00 AM	6:00 PM	Semifinals/ Finals	Men / Women	UAB Student Rec Center - Gymnasium



HISTORY OF SOFTBALL

Softball, a variation of baseball, is a team sport. Each team has nine players, and the game takes place over seven innings. Typically, the game moves at a faster pace than baseball. During each inning, the teams will take turns batting, then occupying the field. Each base is 60 feet apart and the entire infield is made of dirt. The object of the game is to score more runs (points) than the other team by batting (hitting) a ball into play and running around the bases, touching each one in succession. In each inning, a team bats until three batters have been declared out.

COUNTRY OF ORIGIN

United States

POPULAR COUNTRIES

Australia, China, Europe, Japan, New Zealand, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

2

DATE	START TIME	END TIME	ROUND	SESSIONS	VENUE
9 July	10:00 AM	3:00 PM	Qualifying	2 Games	Hoover Met Stadium
9 July	4:00 PM	9:00 PM	Qualifying	2 Games	Hoover Met Stadium
10 July	10:00 AM	3:00 PM	Qualifying	2 Games	Hoover Met Stadium
10 July	4:00 PM	9:00 PM	Qualifying	2 Games	Hoover Met Stadium
11 July	10:00 AM	3:00 PM	Qualifying	2 Games	Hoover Met Stadium
11 July	4:00 PM	9:00 PM	Qualifying	2 Games	Hoover Met Stadium
12 July	10:00 AM	3:00 PM	Qualifying	2 Games	Hoover Met Stadium
12 July	4:10 PM	9:00 PM	Semifinals	2 Games	Hoover Met Stadium
13 July	10:00 AM	3:00 PM	Placement	2 Games	Hoover Met Stadium
13 July	4:10 PM	6:00 PM	Consolation	2 Games	Hoover Met Stadium
13 July	8:10 PM	10:00 PM	Final	1 Game	Hoover Met Stadium



HISTORY OF SQUASH

Squash is a racquet sport played with a hollow rubber ball. There are many lines on a squash court. The first line is an out line that runs across the top of the back wall and down the side wall. Any ball hitting outside this area is deemed out and a point is awarded to the opponent. A board running along the bottom of the back wall serves as the "net". If the ball hits into the board, it is deemed a foul. Three feet above the board is the service line. All serves must hit above this line to be considered a legitimate serve. The back of the court is split into two rectangular sections where a player must start before each point. A service box is in each section and a player is required to have at least one foot inside while they serve or are waiting to receive the serve. The serving player starts the first rally by electing to serve from either the left or right service box. The ball must strike the front wall above the service line and below the out line, and land in the opposite back quarter court. After the serve, the players take turns hitting the ball against the front wall. The ball may strike the side or back walls at any time, as long as it hits below the out line. It must not hit the floor after making contact with the racket. A ball landing on either the out line or the line along the top of the board is considered out. After the ball hits the front wall, it is allowed to bounce once on the floor (and any number of times against the side or back walls) before a player must return it. Players may move anywhere around the court. If the server wins the point, the two players switch sides for the following point. A match is the best of five games.

COUNTRY OF ORIGIN

England

POPULAR COUNTRIES

Australia, Egypt, England, Pakistan, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Singles – Germany (men), France (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

5

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
13 July	9:00 AM	9:00 PM	Top 32	Men / Women	UAB Student Rec Center - Gymnasium
14 July	8:00 AM	10:00 PM	Qualifying	Men / Women	UAB Student Rec Center - Gymnasium
15 July	9:00 AM	8:30 PM	Qualifying	Men / Women	UAB Student Rec Center - Gymnasium
16 July	9:00 AM	6:00 PM	Place Games	Men / Women	UAB Student Rec Center - Gymnasium
16 July	5:00 PM	9:00 PM	Semifinals	Men / Women	UAB Student Rec Center - Gymnasium
17 July	8:15 AM	2:30 PM	Consolation / Final	Men / Women	UAB Student Rec Center - Gymnasium



HISTORY OF WHEELCHAIR RUGBY

Wheelchair rugby is an adapted team sport. Players are classified according to their functional level and assigned a point value ranging from 0.5 – 3.5. All players on the court for a team cannot exceed eight points. Physical contact between wheelchairs is an integral part of the game, however, direct physical contact between players is not permitted. To play the sport, players use custom-made wheelchairs specifically designed for wheelchair rugby and use a regulation volleyball. Only four players from each team may be on the court at any time. The event is played on an indoor hardwood court of the same measurements as a regulation basketball court. The required court markings are a center line and circle, along with a key area at each end of the court. The goal line is positioned at the end line within the key. During the event, players pass the ball up the court and score by carrying the ball across the goal line, ensuring that two wheels of the player’s wheelchair cross the line. A player with possession of the ball must bounce or pass the ball within ten seconds. Teams have twelve seconds to advance the ball from their back court into the front court, and a total of forty seconds to score a point or concede possession.

COUNTRY OF ORIGIN

Canada

POPULAR COUNTRIES

Australia, Canada, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

0

DATE	START TIME	END TIME	ROUND	VENUE
14 July	9:00 AM	6:20 PM	Qualifying	CrossPlex
15 July	9:00 AM	6:20 PM	Qualifying	CrossPlex
16 July	9:00 AM	6:20 PM	Qualifying	CrossPlex
17 July	8:30 AM	1:20 PM	Placement/ Final	CrossPlex



Trend Sports



Air Sports



Flying Disc



Sport Climbing



Canoe



Lifesaving



Waterski & Wakeboard



Duathlon



Orienteering



Finswimming



Roller Sports



HISTORY OF AIR SPORTS

There are two disciplines of Air Sports offered in The World Games: Canopy Piloting and Drone Racing.

CANOPY PILOTING

Canopy Piloting is one of the most exciting disciplines in Air Sports. The event tests a parachutist's ability to control a canopy accurately at high speeds. After jumping out of an aircraft, competitors spiral downward toward a performance zone – a long stretch of water known as a "swooping pond." There, as they descend across the swooping pond, they are scored on speed, accuracy and distance. In the freestyle round, scores are given for technical difficulty, presentation and landing.

This discipline requires a high level of skill and experience. Many of the top competitors are professional parachutists or work for parachute manufacturers on the development of new canopies.

DRONE RACING

Drone Racing tests a pilot's ability to race a drone around a specially built course, often flying through gates and around obstacles to reach the finish line in the fastest time. Fast-paced and exciting, it's one of the fastest growing Air Sports in the world. The drones used in Drone Racing competitions are generally built by the pilots themselves and are designed for speed and agility. Radio-controlled with engines powered by electric batteries, they often travel at speeds of more than 100 mph. That's why Drone Racing pilots wear headsets with a live-streamed FPV (first-person view) of the action. This recording allows both pilots and fans to enjoy the illusion of flying at breakneck speeds, all without taking their feet off the ground.

COUNTRY OF ORIGIN

France

POPULAR COUNTRIES

Germany, United Kingdom, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Canopy Piloting – United States

Drone Racing – N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

6

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Canopy Piloting	9 July	8:15 AM	7:45 PM	Qualifying	All Disciplines	Barber Motorsports Park
Drone Racing	9 July	1:30 PM	9:00 PM	Qualifying	All Disciplines	Protective Stadium
Canopy Piloting	10 July	8:15 AM	7:45 PM	Qualifying	All Disciplines	Barber Motorsports Park
Drone Racing	10 July	12:45 PM	8:30 PM	Comp/Finals	All Disciplines	Protective Stadium
Canopy Piloting	11 July	8:15 AM	7:05 PM	Comp/Finals	All Disciplines	Barber Motorsports Park



HISTORY OF CANOE

There are two disciplines of Canoe in The World Games: Canoe Polo and Canoe Marathon.

CANOE POLO

Canoe polo, also known as Kayak polo, is one of the competitive disciplines of canoeing/kayaking. Polo combines boating and ball handling skills within a contact team game. Each team has five players on the pitch who compete to score in their opponent's goal, which is suspended two meters above the water. The ball can be thrown by hand or flicked with the paddle to pass between players and shoot at the goal. The canoes/kayaks are specifically designed for polo and are faster and lighter than typical canoes/kayaks. This gives them superior maneuverability. The blades of the polo paddle have thick, rounded edges to prevent injury. Paddles are also very lightweight and designed with both pulling-power and ball-control in mind.

CANOE MARATHON

In Canoe Marathon, the competitor races over a long-distance course on water that is not subject to prescribed standards. The competitor must take the water as it is found and be prepared, if necessary, to carry his or her kayak around an impassable obstacle or between two waterways.

COUNTRY OF ORIGIN

England (canoe polo)
England (canoe marathon)

POPULAR COUNTRIES

Australia, Germany, Hungary

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Canoe Polo/Team – Germany (men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

4

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Marathon – Short Distance	11 July	9:00 AM	11:00 AM	Qualifying	Men / Women	Oak Mountain State Park
Marathon – Short Distance	11 July	4:00 PM	5:30 PM	Final	Men / Women	Oak Mountain State Park
Marathon –Standard Distance	12 July	9:00 AM	1:00 PM	Qualifying / Final	Men / Women	Oak Mountain State Park
Canoe Polo	14 July	9:00 AM	3:20 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	14 July	4:30 PM	7:30 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	15 July	9:00 AM	3:20 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	15 July	4:30 PM	7:30 PM	Qualifying	Men / Women	CrossPlex
Canoe Polo	16 July	8:30 AM	2:50 PM	Quarterfinals	Men / Women	CrossPlex
Canoe Polo	16 July	4:00 PM	9:10 PM	Placement	Men / Women	CrossPlex
Canoe Polo	17 July	8:30 AM	2:50 PM	Semifinals/ Final	Men / Women	CrossPlex



HISTORY OF DUATHLON

The World Games 2022 will include two disciplines of Duathlon: Standard & Mixed Relay.

Duathlon is an athletic event that consists of a running leg; a cycling leg; and a final, second running leg. Duathlons are conducted at sprint, standard, middle and long distances. The time begins when the race is started and finishes when an athlete crosses the finish line.

COUNTRY OF ORIGIN

France

POPULAR COUNTRIES

European Countries, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

N/A

EDITIONS PARTICIPATED IN THE WORLD GAMES

1

DISCIPLINES	DATE	START TIME	END TIME	VENUE
Individual Race - Women	16 July	8:00 AM	10:15 AM	Railroad Park (Start/Finish)
Individual Race - Men	16 July	5:00 PM	7:00 PM	Railroad Park (Start/Finish)
Relay Race	17 July	1:00 PM	2:25 PM	Railroad Park (Start/Finish)



HISTORY OF FINSWIMMING

Underwater has one discipline offered in The World Games: Finswimming. This event is a sport involving swimming with the use of fins (either monofins or bi-fins) on the water's surface using a snorkel, or underwater with a monofin by holding one's breath. There are 3 categories of Finswimming in The World Games: Apnoea, Surface and Bi-fins.

APNOEA

Apnoea swimming is underwater swimming using a mask, a monofin and by holding one's breath. Races are held for the distance of 50 meters. A swimmer's face must be immersed for the duration of the race or they risk disqualification.

SURFACE

Surface swimming is swimming on the surface of the water using a mask, snorkel and monofins. Races are held for distances of 100, 200, 400, and 4 × 100 relay (meters). Swimmers must remain on the surface of the water at all times for the duration of the race, except when starting or making turns at the end the swimming pool (where an immersion over a distance of 15 meters is permitted).

BI-FINS

Bi-fins swimming is an event where athletes swim on the surface of the water with a mask, snorkel and a pair of fins using a crawling style. Races are held for distances of 50 and 100 meters. Swimmers must remain on the surface of the water at all times for the duration of the race, except when starting or making turns at the end of the swimming pool (where an immersion of a distance of 15 meters is permitted).

COUNTRY OF ORIGIN

Europe

POPULAR COUNTRIES

European Countries

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Apnoea/50m – Russia (men), Korea (women)
 Bi-Fins/50m – Russia (men), Hungary (women)
 Bi-Fins/100m – Belarus (men), Hungary (women)
 Surface/100m – Russia (men & women)
 Surface/200m – Russia (men & women)
 Surface /400m – Hungary (men), China (women)
 Surface Relay/4x100m – Russia (men & women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

10

DISCIPLINES	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Apnoea / Bifins / Surface / Surface Relay	8 July	3:18 PM	4:59 PM	Qualifying / Finals	Men / Women	CrossPlex
Apnoea / Bifins / Surface / Surface Relay	9 July	3:18 PM	4:59 PM	Qualifying / Finals	Men / Women	CrossPlex



HISTORY OF FLYING DISC

Flying Disc has one discipline offered in The World Games: Ultimate.

Ultimate is a non-contact, self-refereed team sport played with a flying disc (or Frisbee™). Two teams of seven players compete on a playing field roughly the same length as a football field, but narrower. At each end of the playing field there is an end zone. Each team defends one end zone. A goal is scored if a player catches a disc in the opposite end zone. The player holding the disc cannot move, but only one foot must be stationary. Stretching and kneeling with the other foot is allowed. A team can advance the disc to the opposing end zone with any number of passes, including one long throw to the end zone. If a pass is incomplete (not caught before touching the ground), caught out of bounds, caught by a defending player or knocked out of the air by the defense, it is a turnover and the opposing team immediately gains possession, playing to score in the opposite direction. Defenders cannot take the disc from an offensive player who has secured a catch. Contact is also not allowed for the defender marking the offense player with the disc, and they must allow the offense player a specified amount of space.

COUNTRY OF ORIGIN

United States (ultimate)

POPULAR COUNTRIES

Canada, Japan, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Ultimate – United States (mixed)

EDITIONS PARTICIPATED IN THE WORLD GAMES

4

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
12 July	9:30 AM	12:50 PM	Qualifying	2 Games	John Carroll Catholic High School
12 July	4:00 PM	7:20 PM	Qualifying	2 Games	John Carroll Catholic High School
13 July	9:30 AM	12:50 PM	Qualifying	2 Games	John Carroll Catholic High School
13 July	4:00 PM	7:20 PM	Qualifying	2 Games	John Carroll Catholic High School
14 July	9:30 AM	12:50 PM	Qualifying	2 Games	John Carroll Catholic High School
14 July	4:00 PM	7:20 PM	Qualifying	2 Games	John Carroll Catholic High School
15 July	9:30 AM	12:50 PM	Placement	2 Games	John Carroll Catholic High School
15 July	4:00 PM	7:20 PM	Semifinal	2 Games	John Carroll Catholic High School
16 July	9:30 AM	12:50 PM	Placement	2 Games	John Carroll Catholic High School
16 July	4:00 PM	7:20 PM	Cons/Final	2 Games	John Carroll Catholic High School



HISTORY OF LIFESAVING

Lifesaving is a sport played in indoor swimming pools, in the same way that pool lifeguards are trained. The sport consists of a series of competition disciplines intended to develop and demonstrate lifesaving skills, fitness and motivation. Life Saving tests an athlete's skills in rescue, accident prevention and emergency care. The events of Lifesaving replicate common rescue techniques and include Mannequin Carry (an athlete swimming and diving to recover a submerged mannequin and carrying it back to the finish), and Mannequin Tow (an athlete swimming to a mannequin, affixing a rescue tube around it and towing it back to the finish).

COUNTRY OF ORIGIN

Australia

POPULAR COUNTRIES

Australia, United Kingdom, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

100m Manikin Carry with Fins – Italy (men), Australia (women)
 100m Manikin Tow with Fins – Italy (men), France (women)
 200m Obstacle Swim – Australia (men), Italy (women)
 200m Super Lifesaver – Italy (men & women)
 50m Manikin Carry – Germany (men), China (women)
 Team 4x25m Manikin Relay – Germany (men), Belgium (women)
 Team 4x50m Medley Relay – Italy (men), Germany (women)
 Team 4x50m Obstacle Relay – Japan (men), France (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

9

DATE	START TIME	END TIME	VENUE
10 July	5:00 PM	6:40 PM	Crossplex
11 July	2:30 PM	4:10 PM	Crossplex



HISTORY OF ORIENTEERING

Orienteering is a sport that combines racing with navigation. It is a timed race in which individual participants use a specially created, highly-detailed map to select routes and navigate through diverse and unfamiliar terrain to visit control points in sequence. Courses can range from forests to urban environments. A standard orienteering course consists of a start; a series of control sites that are marked by circles, connected by lines and numbered in the order they are to be visited; and a finish. The control site circles are centered on the feature that is to be found. This feature is also defined by control descriptions (a list that orienteers receive along with their map). Out in the terrain, a control flag marks the location that the orienteer must visit. To verify a visit, the orienteer uses an electronic "punch" using a finger stick with a chip inside that records their time at each control they visit. The route between controls is not specified and is entirely up to the orienteer.

The World Games 2022 will include three disciplines: Middle Distance, Sprint and Sprint Relay.

MIDDLE DISTANCE

Middle Distance, often referred to as "Middle," it is a shorter cross-country race than the classic. With a winning time in the region of 30 minutes, it places an emphasis more on fine navigation rather than route-choice navigation.

SPRINT

Sprint involves very short races, with winning times in the region of 12–15 minutes. They are held in city parks and other more urban settings with control sites that include benches, litterbins, sculptures, and other objects common to urban parks.

SPRINT RELAY

Sprint Relay is a relay race run by a team of competitors. Each individual runs the course, and the result is based on the collective time of the team totaled together.

COUNTRY OF ORIGIN

Sweden

POPULAR COUNTRIES

Denmark, Norway, Sweden

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Middle Distance – Switzerland (men), Sweden (women)

Sprint – Sweden (men), Denmark (women)

Sprint Relay – Denmark (mixed)

EDITIONS PARTICIPATED IN THE WORLD GAMES

5

DISCIPLINES	DATE	START TIME	END TIME	VENUE
Mixed	17 July	9:00 AM	10:00 AM	Railroad Park (Start/Finish)



HISTORY OF ROLLER SPORTS

Roller sports use human-powered vehicles which require rolling, either by gravity or through various pushing techniques. There are three disciplines of Roller Sports offered in The World Games: Artistic Skating, Inline Hockey and Speed Skating.

ARTISTIC SKATING

Artistic Skating is a sport similar to figure skating, except done on roller skates. Combining artistry with refined strength and training, Artistic Skating is a dynamic and engaging sport. There are two disciplines of Artistic offered to the World Games scene. Free Skating incorporates jumps, spins and footwork into a program set to music. Couples Dance brings together two skaters performing innovative lifts and dance elements all set to music.

INLINE HOCKEY

Inline Hockey is a team sport played on in-line skates, in which players use a hockey stick to shoot a plastic puck into their opponent's goal to score points. It is considered a contact sport, but body checking is prohibited. There are five players (including the goalie) from each team on the rink at a time. Players skate across the floor trying to gain control of the puck and score a goal against the opposing team.

SPEED SKATING

Speed Skating involves racing on in-line skates. There are two categories of Speed Skating: Track and Road. In Track, the race is held on a patinodrome (an arena for this sport) with banked curves that is 200 meters in circumference. In Road, races may be held on regular pavement. The tracks are marked by multiple pylons that create a road course.

COUNTRY OF ORIGIN

Belgium/United States

POPULAR COUNTRIES

Argentina, Belgium, Colombia, Germany, India, Italy

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Artistic/Dance – Italy (mixed)

Artistic/Freeskating – Italy (men & women)

Artistic/Pair – Italy (mixed)

Inline Hockey/Team – Czech Republic (men)

Speed Skating/Road/Elimination Race/20,000m – Belgium (men), Colombia (women)

Speed Skating/Road/Point Race/10,000m – Belgium (men), Colombia (women)

Speed Skating/Road/Sprint/500m – France (men), Germany (women)

Speed Skating/Road/Time Trail/200m – Spain (men), Chile (women)

Speed Skating/Track/Elimination/15,000m – France (men), Colombia (women)

Speed Skating/Track/Point Elimination/10,000m – Argentina (men), Colombia (women)

Speed Skating/Track/Sprint/1,000m – Colombia (men), Belgium (women)

Speed Skating/Track/Sprint/500m – Germany (men), Italy (women)

Speed Skating/Track/Time Trail/300m – Germany (men), Colombia (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES:

10



ARTISTIC (Freestyle)

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
16 July	9:00 AM	11:30 AM	Qualifying	Men / Women / Couple Dance	CrossPlex
17 July	9:00 AM	11:30 AM	Freeskating / Award Ceremony	Men / Women / Couple Dance	CrossPlex

INLINE HOCKEY

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
8 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
8 July	3:00 PM	5:45 PM	Qualifying	2 Games	CrossPlex
9 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
9 July	3:00 PM	5:45 PM	Qualifying	2 Games	CrossPlex
10 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
10 July	3:00 PM	5:45 PM	Qualifying	2 Games	CrossPlex
11 July	9:00 AM	11:45 AM	Qualifying	2 Games	CrossPlex
11 July	3:00 PM	5:45 PM	Semi-Finals	2 Games	CrossPlex
12 July	9:00 AM	11:45 AM	Placement	2 Games	CrossPlex
12 July	2:15 PM	5:10 PM	Consolation/ Final	2 Games	CrossPlex

SPEED SKATING

DATE	START TIME	END TIME	ROUND	SESSION	VENUE
8 July	8:00 AM	3:48 PM	Qualifying/ Semi	Track	Powell Steam Plant
8 July	4:00 PM	5:20 PM	Finals	Track	Powell Steam Plant
9 July	9:00 AM	12:33 PM	Quarterfinals – Finals	Track	Powell Steam Plant
9 July	5:00 PM	6:00 PM	Finals	Track	Powell Steam Plant
10 July	8:30 AM	12:25 PM	Qualifying – Finals	Road	Powell Steam Plant
11 July	8:00 AM	12:12 PM	Qualifying – Finals	Road	Powell Steam Plant
11 July	5:05 PM	5:30 PM	Finals	Road	Powell Steam Plant



HISTORY OF SPORT CLIMBING

Sport Climbing is a form of rock climbing that takes place on artificial structures. There are 3 disciplines of Sport Climbing offered in The World Games: Lead, Speed, and Boulder.

LEAD

Lead involves a climber attaching themselves to a length of climbing rope and ascending a route while periodically attaching protection (quickdraws or traditional protection) to the face of the route and clipping into it. The lead climber must have another person acting as a belayer. Because a lead climber does not have an anchor point above them while climbing, only the limbs and body of the climber are used to effect upward progress.

SPEED

Speed is a climbing discipline in which speed is the ultimate goal. Competitors climb a slightly overhanging wall, with belaying from the top. It involves climbers competing on the same route.

BOULDER

Boulder is performed on artificial rock walls, known as boulders, without the use of ropes or harnesses. Different holds are bolted onto the wall to create "problems" (the sequence of moves that a climber performs to complete the climb). The walls often feature steep overhanging surfaces which force the climber to employ highly technical movements while supporting much of their weight with their upper body strength.

COUNTRY OF ORIGIN

Europe

POPULAR COUNTRIES

Japan, European Countries

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Boulder/Single – Japan (men), Serbia (women)

Lead/Single – Japan (men), Belgium (women)

Speed/Single – Iran (men), Russia (women)

EDITIONS PARTICIPATED IN THE WORLD GAMES

4

DISCIPLINE	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Speed	14 July	12:00 PM	12:40 PM	Qualifying	Men / Women	Sloss Furnaces
Speed	14 July	7:00 PM	7:40 PM	Final	Men / Women	Sloss Furnaces
Boulder	15 July	9:00 AM	10:40 AM	Qualifying	Men	Sloss Furnaces
Boulder	15 July	11:40 AM	1:20 PM	Qualifying	Women	Sloss Furnaces
Boulder	15 July	5:00 PM	6:42 PM	Final	Men	Sloss Furnaces
Boulder	15 July	8:00 PM	9:42 PM	Final	Women	Sloss Furnaces
Lead	16 July	11:00 AM	12:00 PM	Qualifying	Men / Women	Sloss Furnaces
Lead	16 July	6:05 PM	7:50 PM	Final	Men / Women	Sloss Furnaces



HISTORY OF WATERSKI & WAKEBOARD

Waterski and wakeboard are towed water sports in which an individual is pulled behind a boat riding skis or a wakeboard. Waterski has three different categories: Slalom, Trick and Jump. Wakeboard has one category in The World Games: Freestyle.

SLALOM

In Slalom, skiers use only one ski, with their feet facing forward, one in front of the other. Skiers must navigate around a six-buoy course in order to complete the pass. While the boat speed is fixed, the rope length is not – it is shortened after each successful pass. The turn buoys are positioned 11.5 meters away from the center of the slalom course to ensure that as the rope is shortened, skiers are required to use the momentum generated through their turns to swing up on the side of the boat and reach out in order to get their ski around the next buoy. The skier who successfully passes around the most buoys on the shortest rope wins.

TRICK

In Trick, skiers use small, oval-shaped skis. Skiers are given two 20-second runs, during which they perform a series of pre-selected tricks. One pass is for hand tricks, which includes surface turns, rotations over the wake and flips. The second pass includes toe tricks, which are performed by completing wake turns and rotations with only a foot attaching them to the handle. A trick cannot be repeated and each one has a specific point value. A panel of judges assesses which tricks were completed correctly and assigns a predetermined point value to each successfully completed trick. The skier with the most points wins.

JUMP

In Jump, skiers use two long skis to ride over a jump ramp in an attempt to travel the longest distance. As a skier approaches the ramp, the skier will zigzag behind the boat in a series of cuts to generate speed and angle, and will hit the base of the jump ramp at a near-right angle to the boat. The winner is the skier who travels the farthest calculated distance and successfully rides away.

FREESTYLE

In Wakeboard, the board is a small, mostly rectangular, thin board with very little displacement and shoe-like bindings attached. The sport is a mixture of water skiing, snowboarding, and surfing. Using edging techniques, the rider can move outside of the wake or cut rapidly toward it. Jumps are performed by riding up the wake and launching into the air. While in the air, the rider attempts to do tricks. The rider is permitted one fall during his two passes and the judges award points for three distinct elements – execution (technical difficulty), intensity (the scale of the trick) and composition (variety). The rider who gains the highest score wins.

COUNTRY OF ORIGIN

United States (waterski)
Australia/New Zealand (wakeboarding)

POPULAR COUNTRIES

Australia, New Zealand, United States

THE WORLD GAMES 2017 CHAMPION (COUNTRY)

Waterski Classic/Jump – Germany (m), Belarus (w)
Waterski Classic/Slalom – Czech Republic (m) Germany (w)
Waterski Classic/Trick – Australia (m), Belarus (w)
Wakeboard/Freestyle – Japan (m), United States (w)

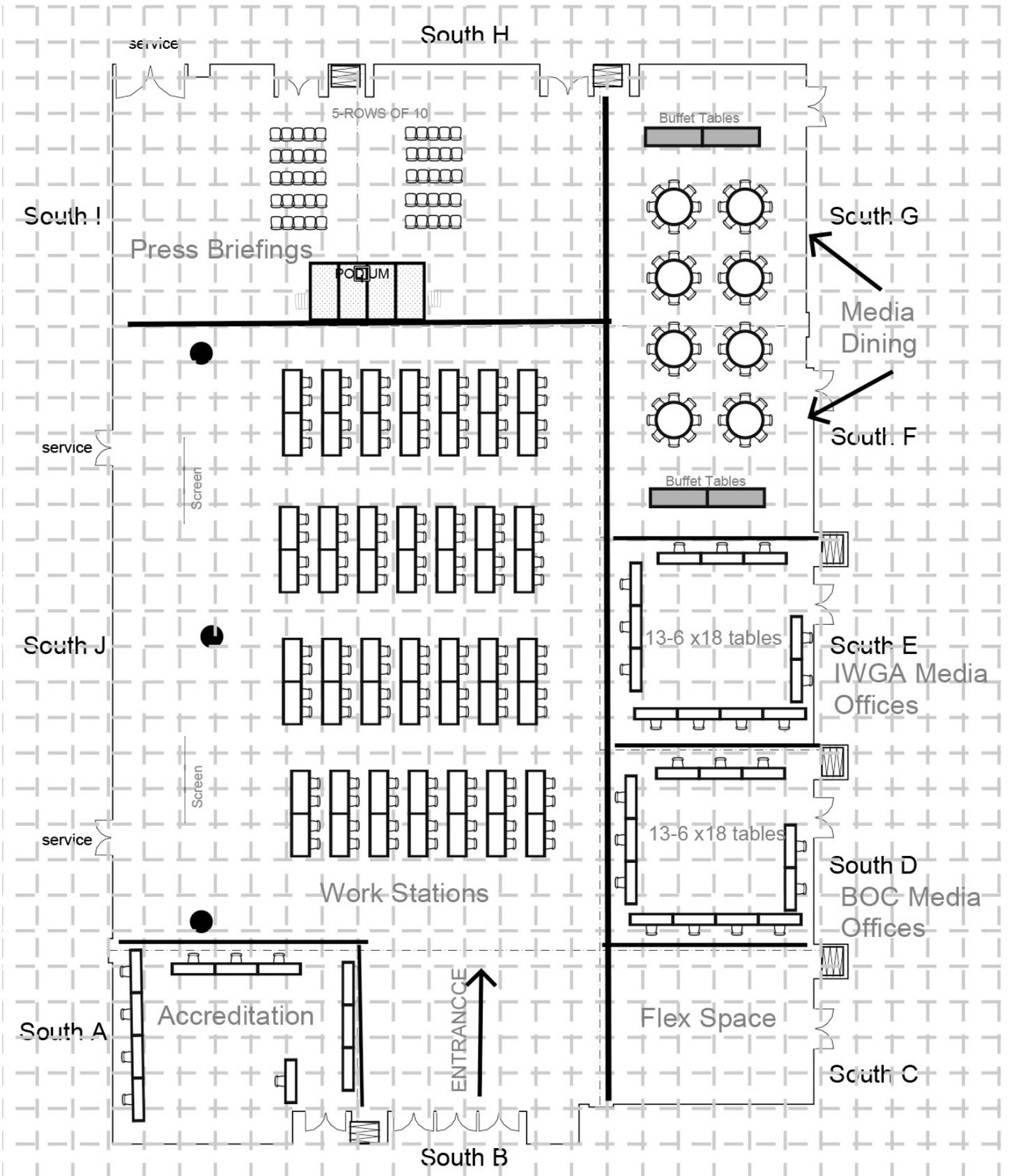
EDITIONS PARTICIPATED IN THE WORLD GAMES

10

DISCIPLINE	DATE	START TIME	END TIME	ROUND	SESSION	VENUE
Freestyle / Slalom / Trick	14 July	9:00 AM	5:29 PM	Qualifying	M / W	Oak Mountain State Park – Lake
Freestyle / Jump / Slalom / Trick	15 July	9:00 AM	4:28 PM	Qualifying / Final (Slalom / Trick)	M / W	Oak Mountain State Park – Lake
Freestyle / Jump	16 July	1:00 PM	4:52 PM	Semifinals/Finals	M / W	Oak Mountain State Park – Lake



Maps





- ① THEATRE
- ② CONCERT HALL
- ③ EAST EXHIBITION HALL*
- ④ NORTH EXHIBITION HALL*
- ⑤ SOUTH EXHIBITION HALL*
- ⑥ LEGACY ARENA & CENTRAL TICKET OFFICE
- ⑦ FORUM BUILDING
- ⑧ SHERATON HOTEL & BIRMINGHAM BALLROOM
- ⑨ THE WESTIN BIRMINGHAM
- ⑩ UPTOWN BIRMINGHAM
- ⑪ PROTECTIVE STADIUM
- ⑫ TOPGOLF

*MEETING HALLS LOCATED HERE

BJCC

